



Pedestrians and the City

Planning and Design for Humans



Tonight

- The Pedestrian Defined
- Pedestrians and Urban Form
- Pedestrian Environments
- Pedestrian Policy



The Pedestrian Defined

- Humans & health
- Pedestrian typology



This is what we do...
...but it is not who we are.



This is who we are:

- Recently descended from nomadic hunter/gatherers
- Who walked extensively... and burned lots of calories
- Who experienced the world @ 2 – 15 mph
- Whose bodies were designed for collisions @ < 15 mph



Human History





We cannot escape our DNA...

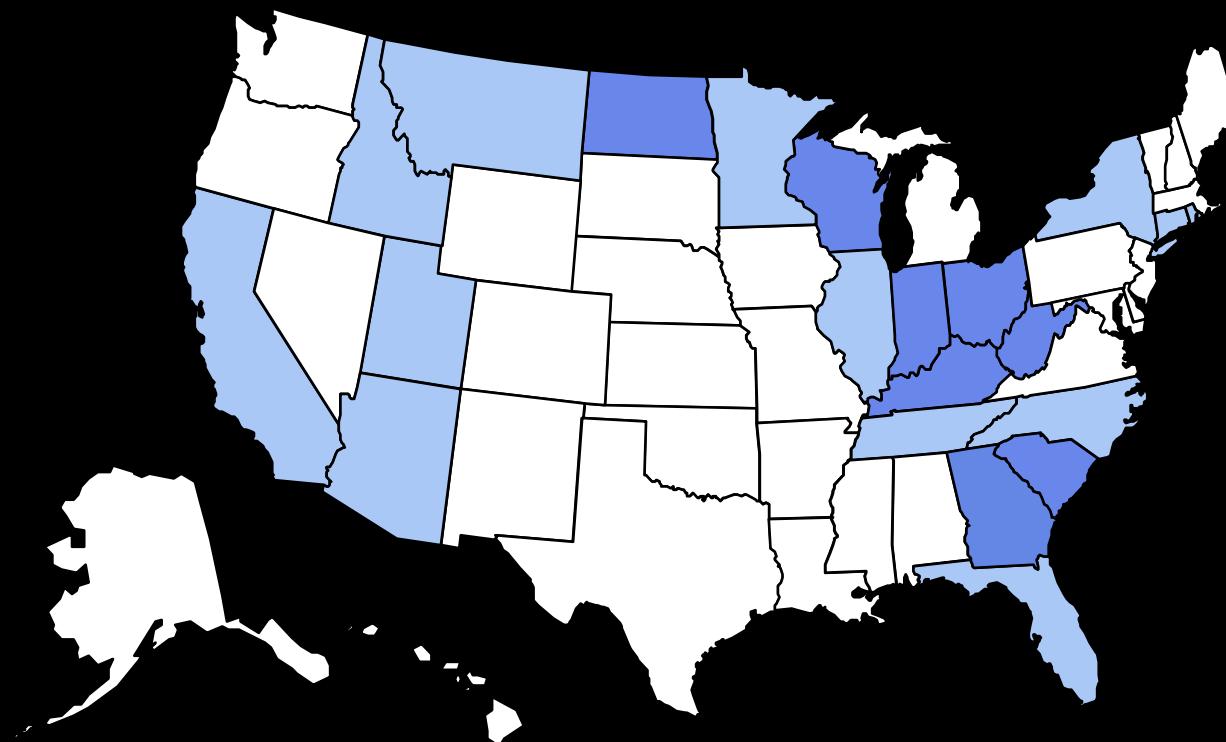


...no matter how hard we try



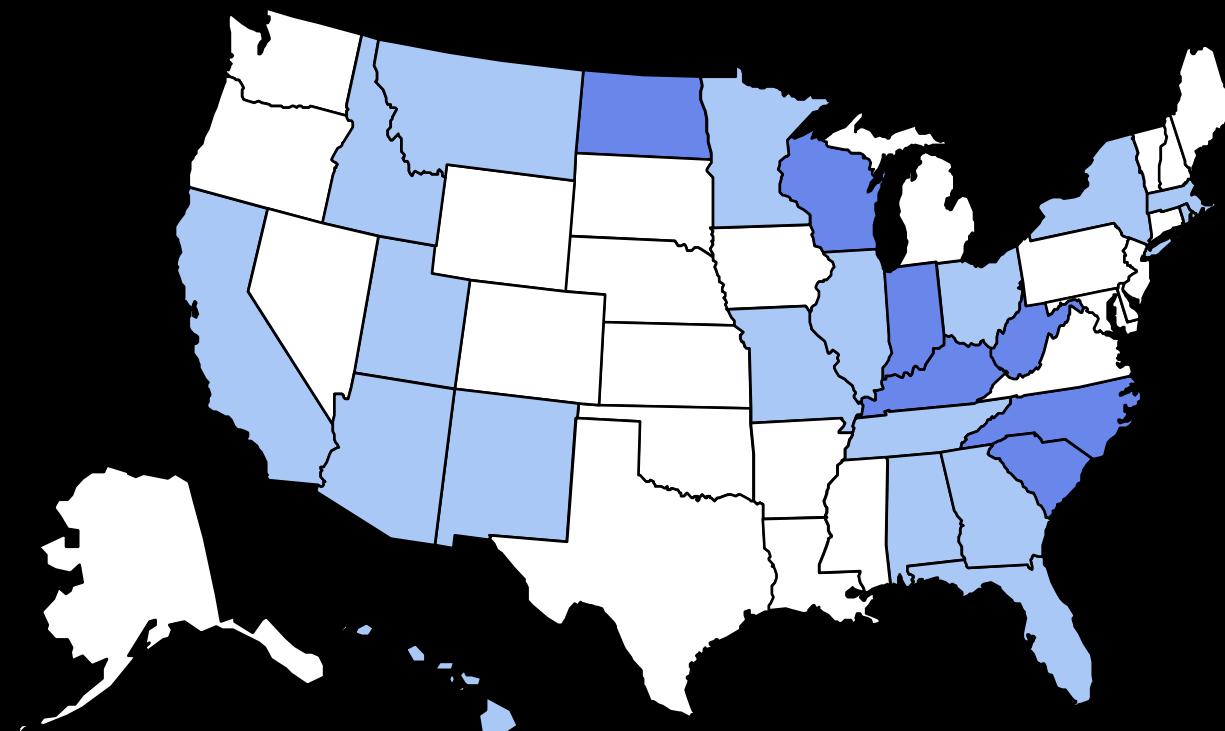
1985

Obesity Trends Among U.S. Adults



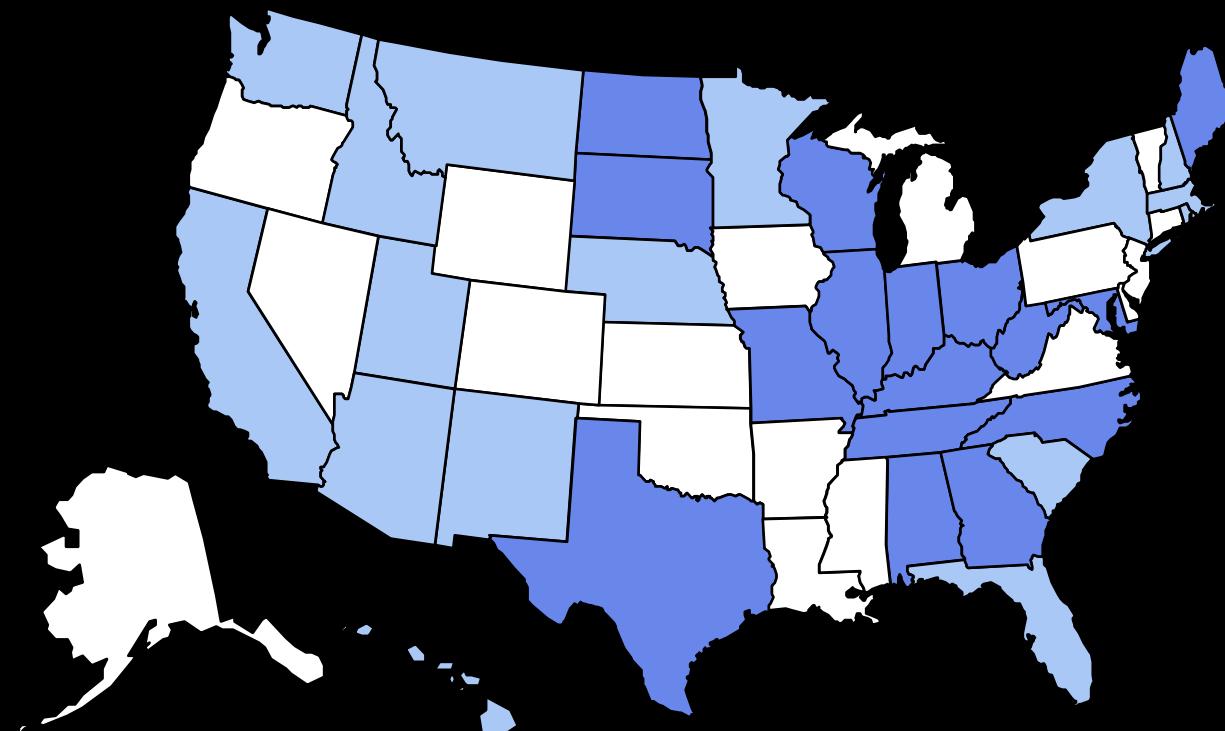
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1986



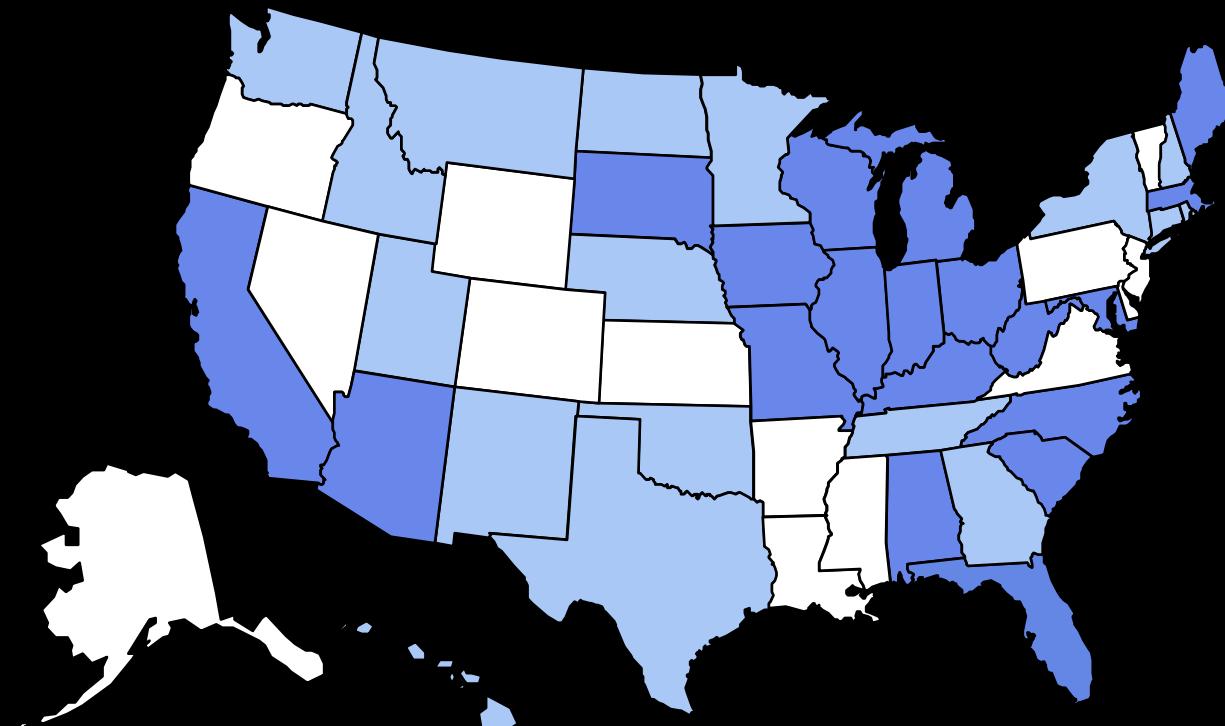
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1987



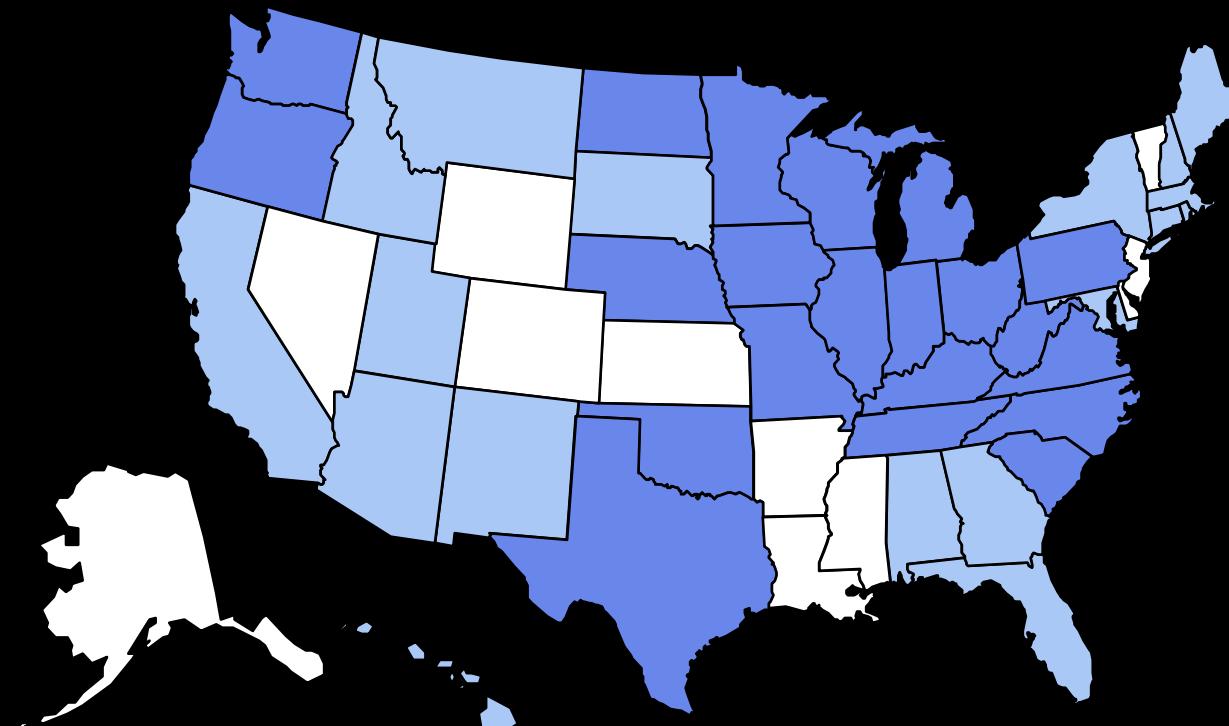
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1988



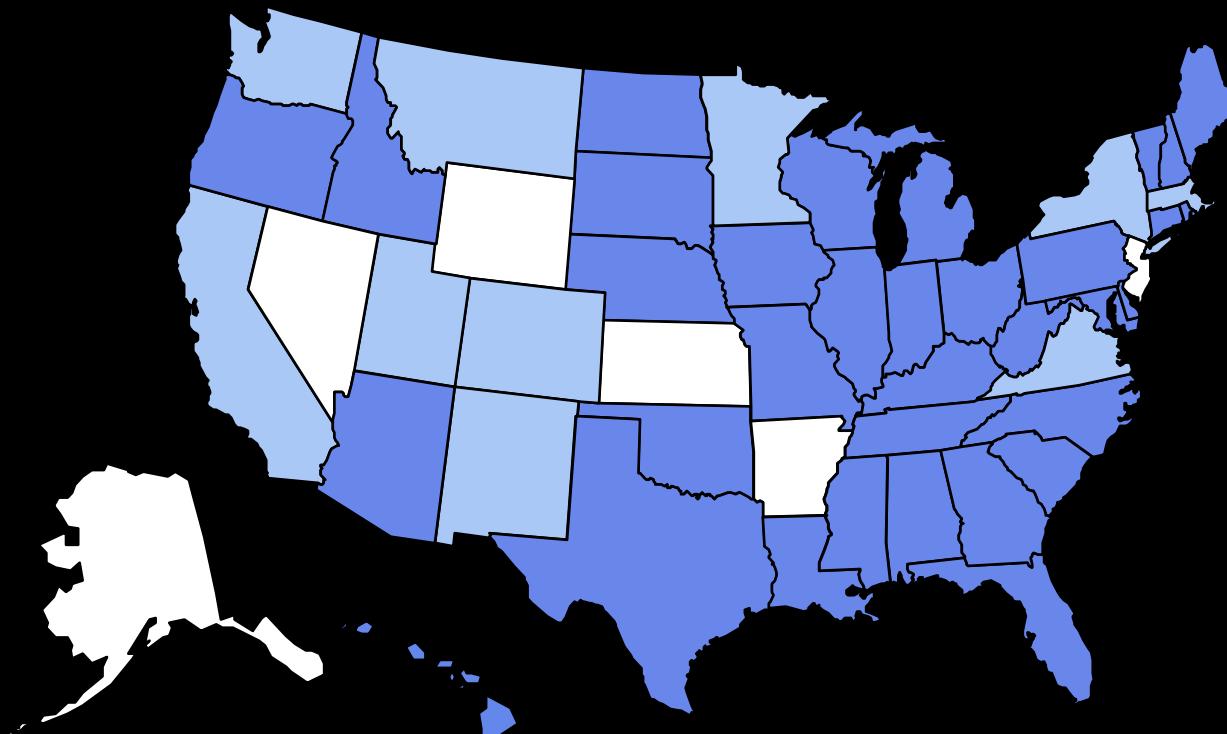
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1989



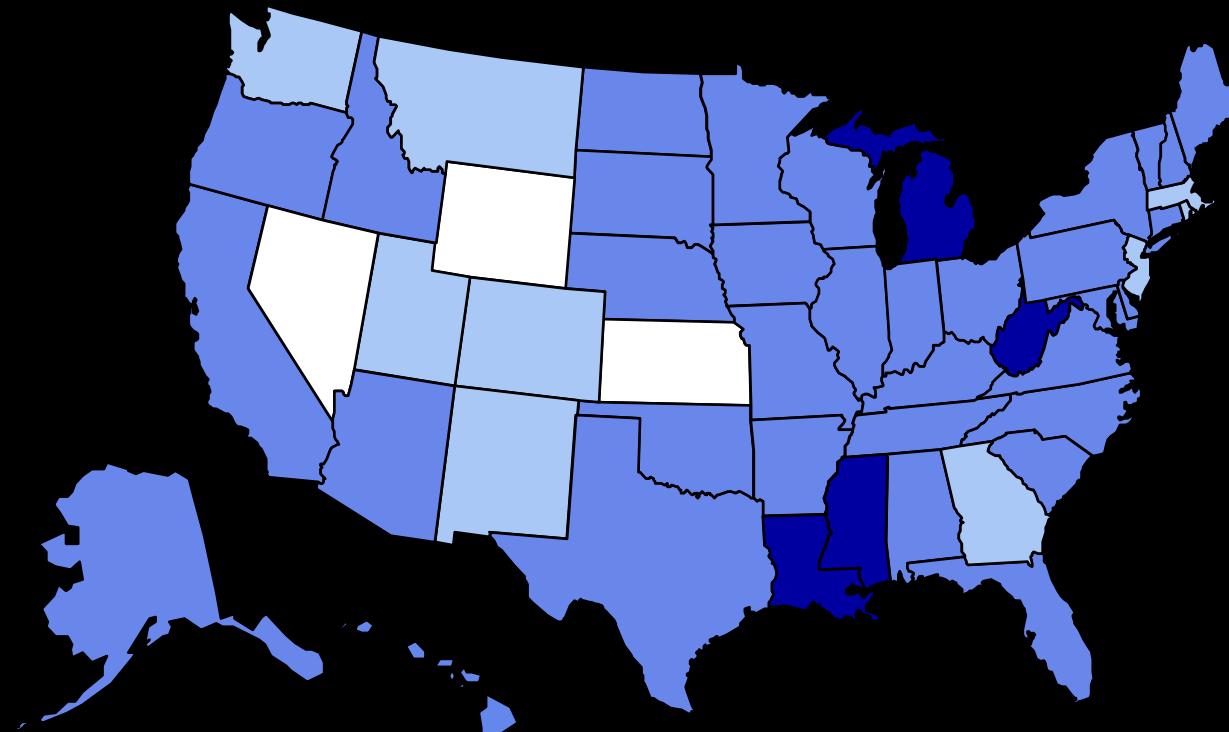
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1990



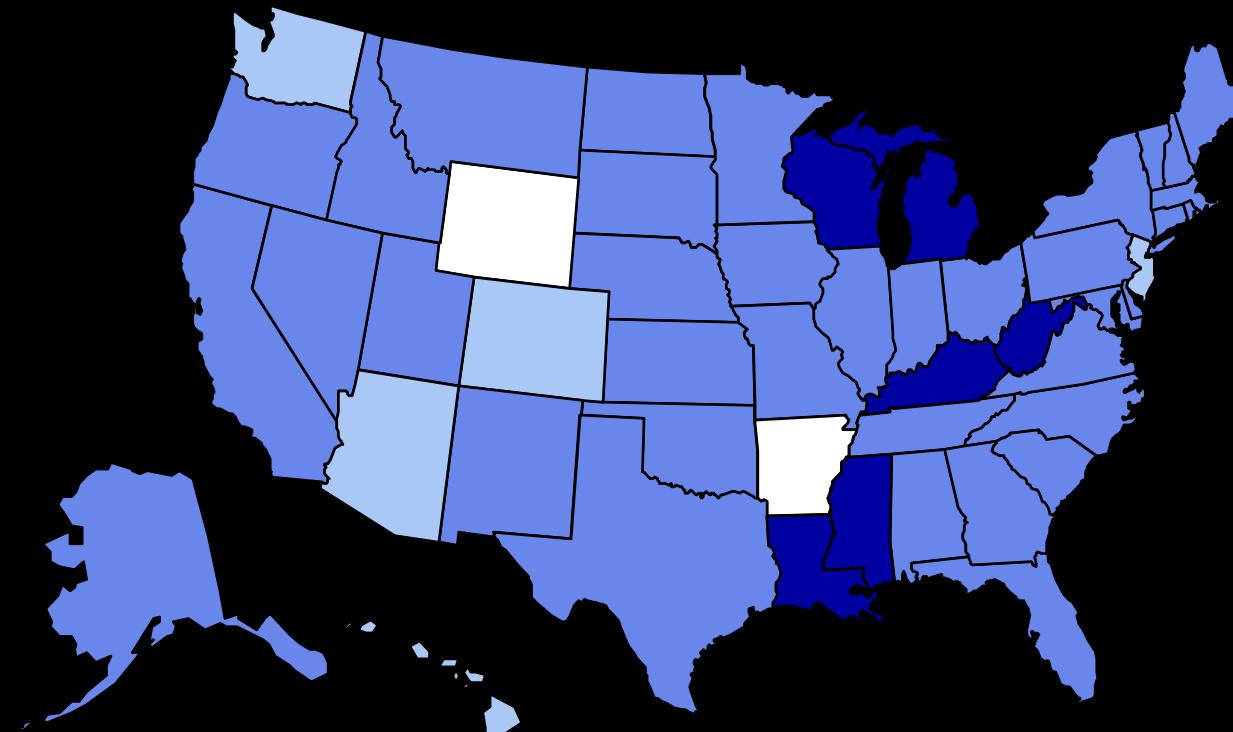
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1991



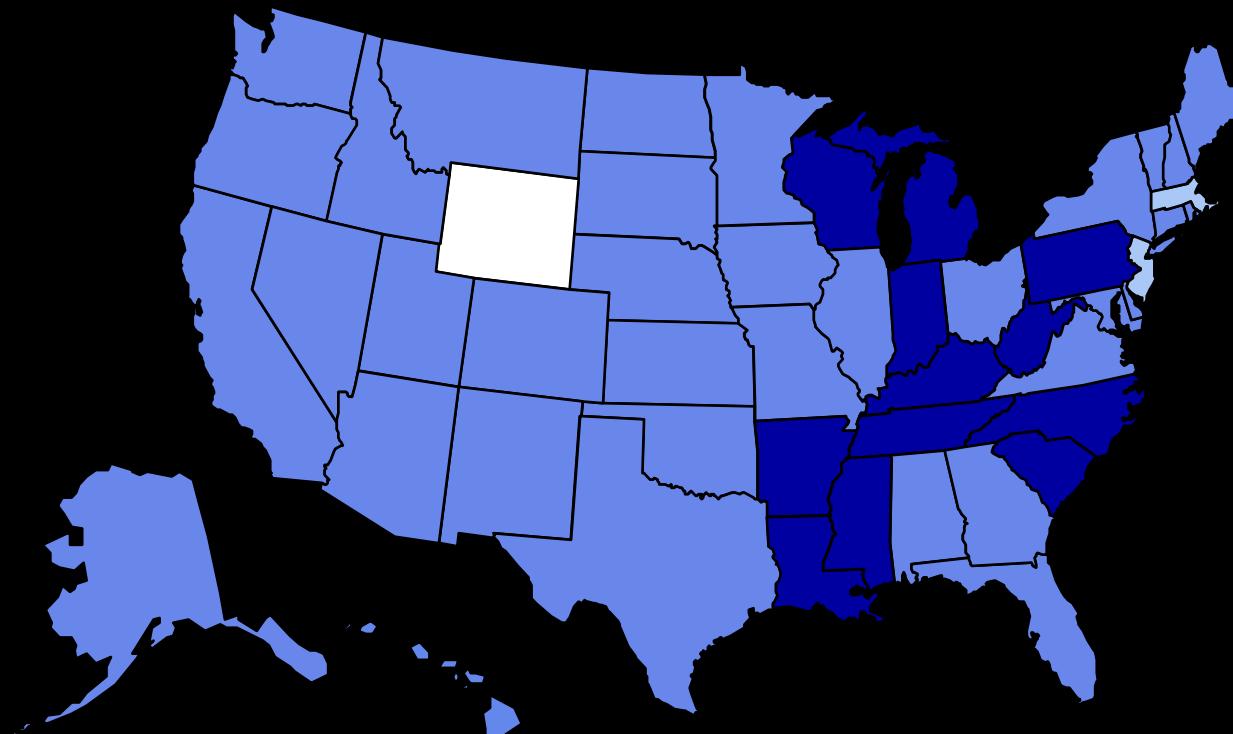
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1992



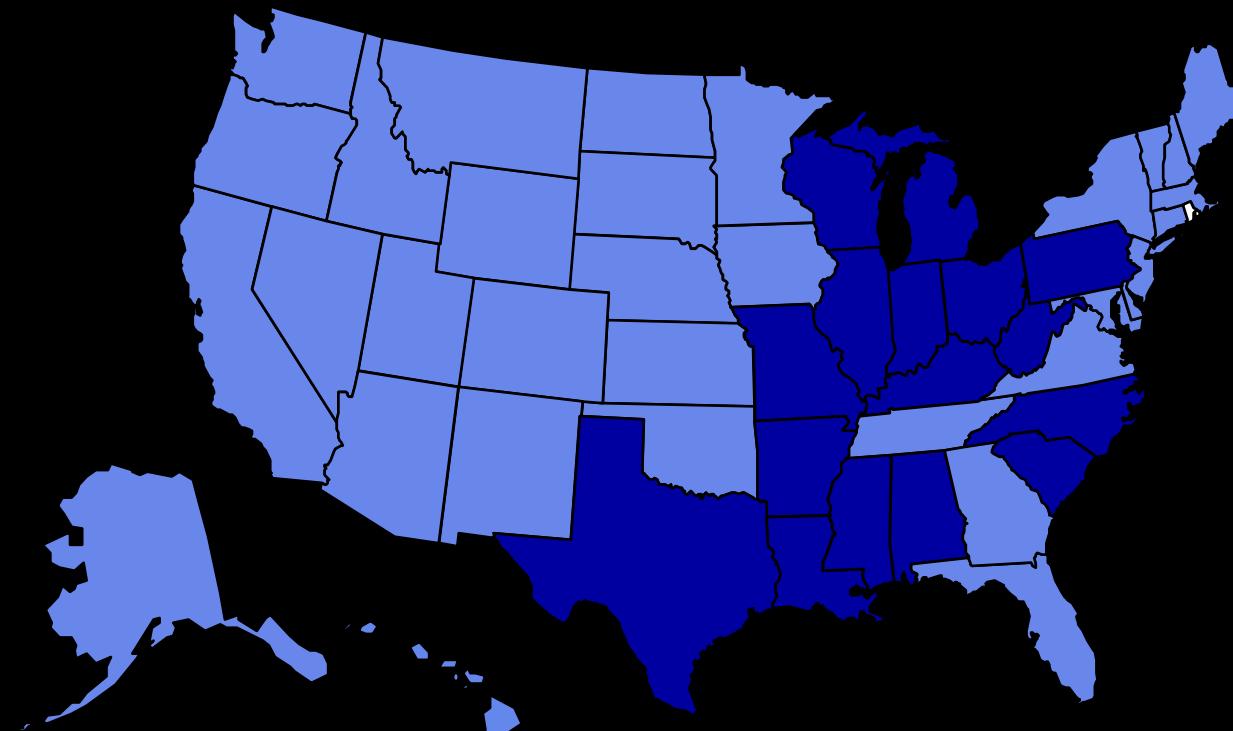
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1993



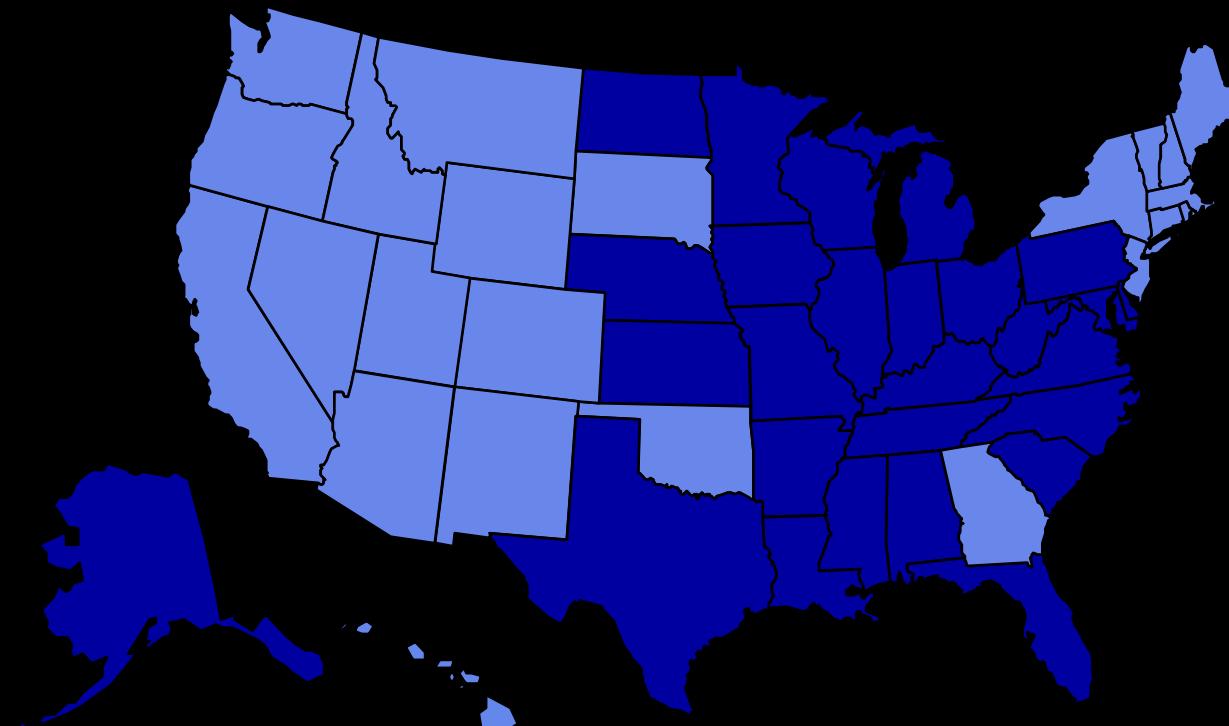
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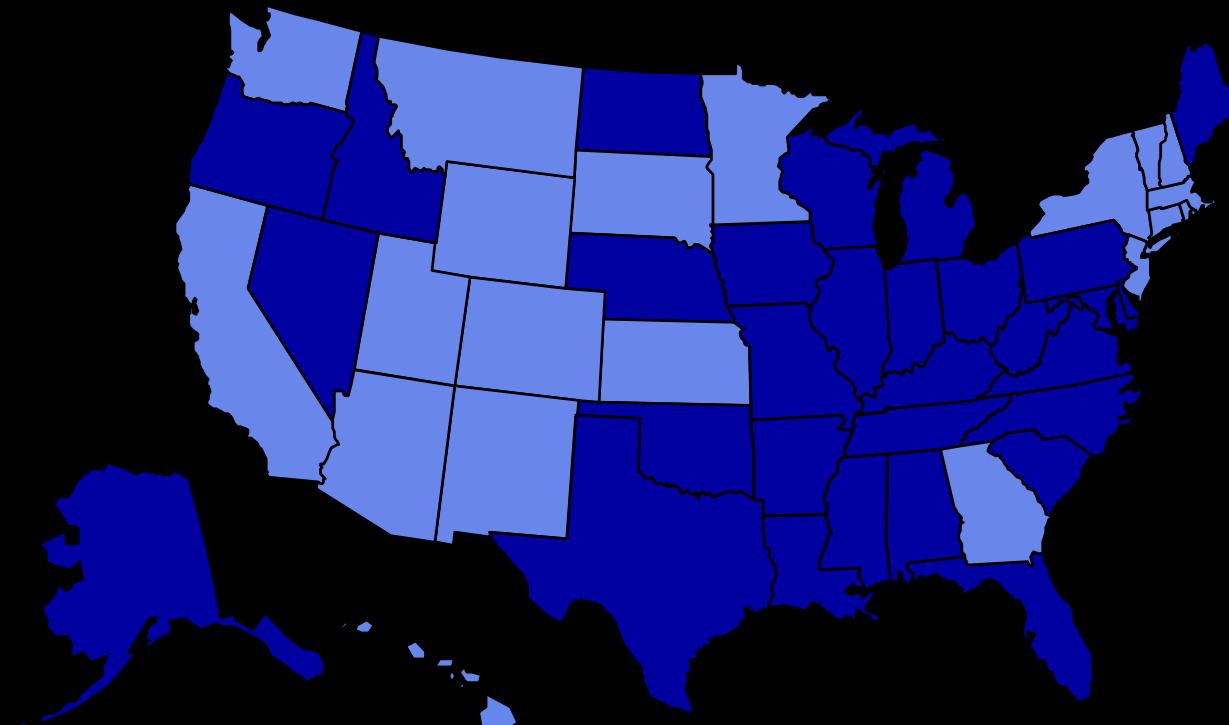
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1995



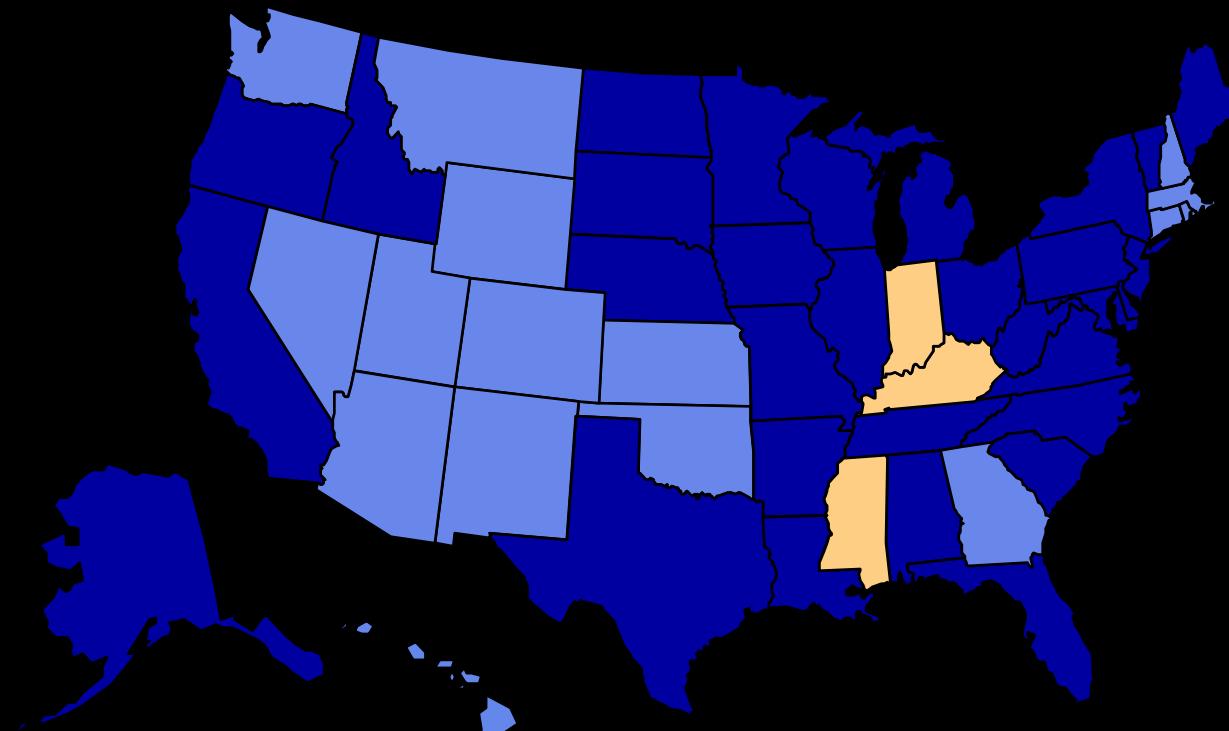
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1996



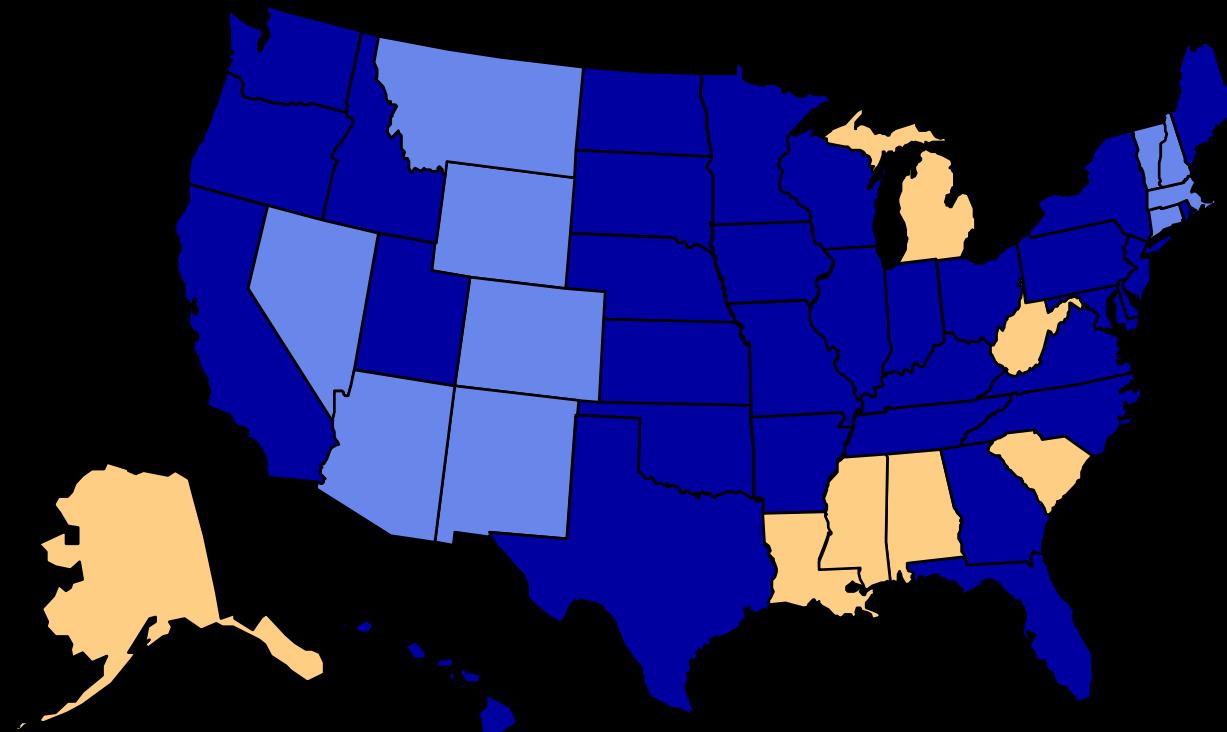
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1997



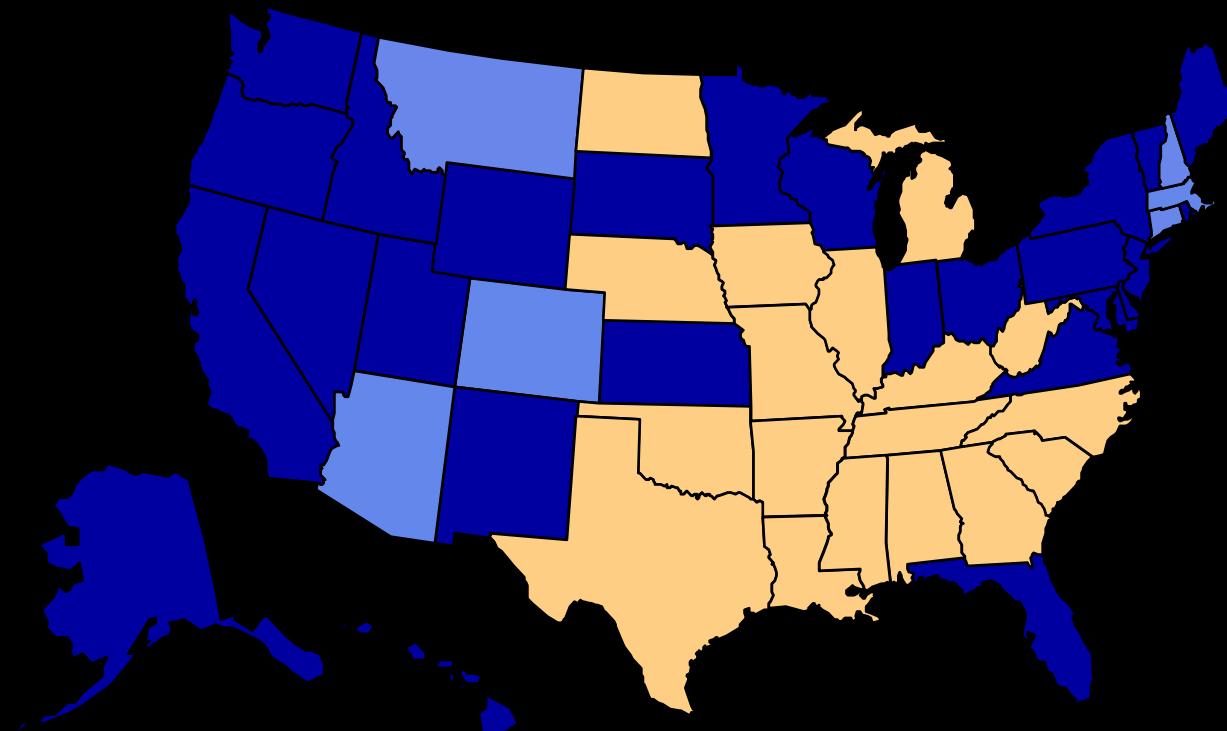
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1998



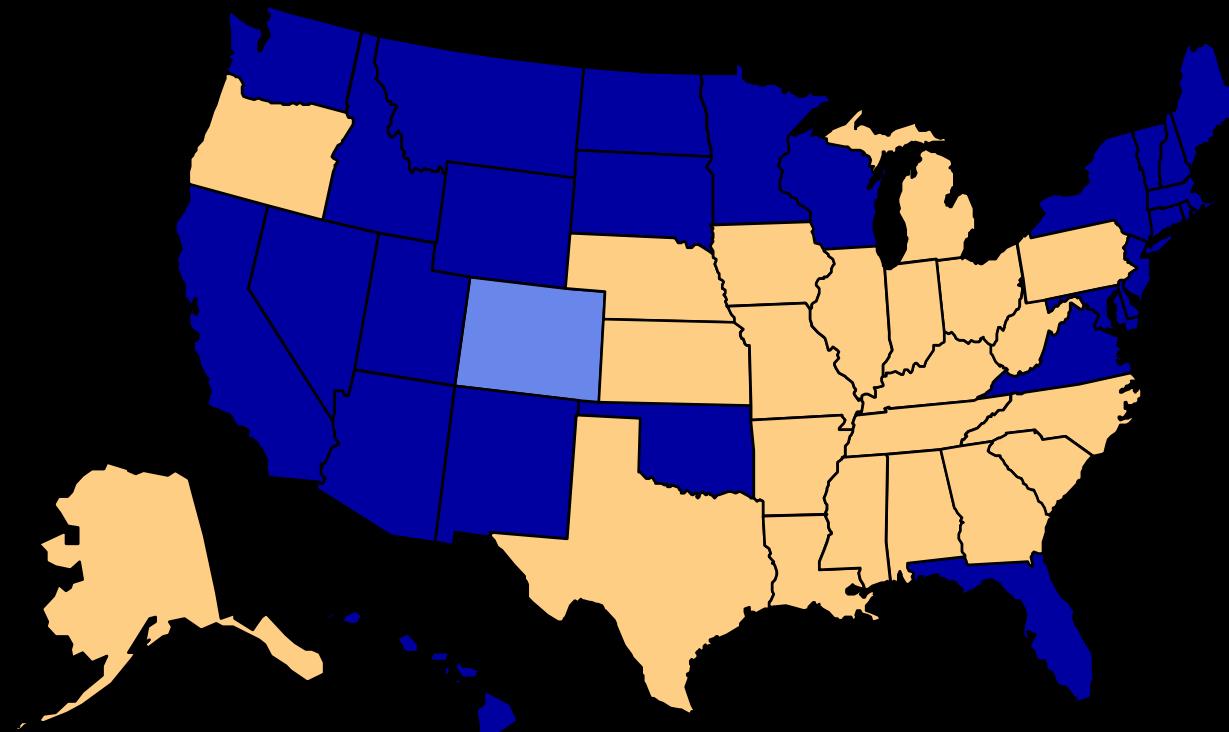
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- ≥20%

1999



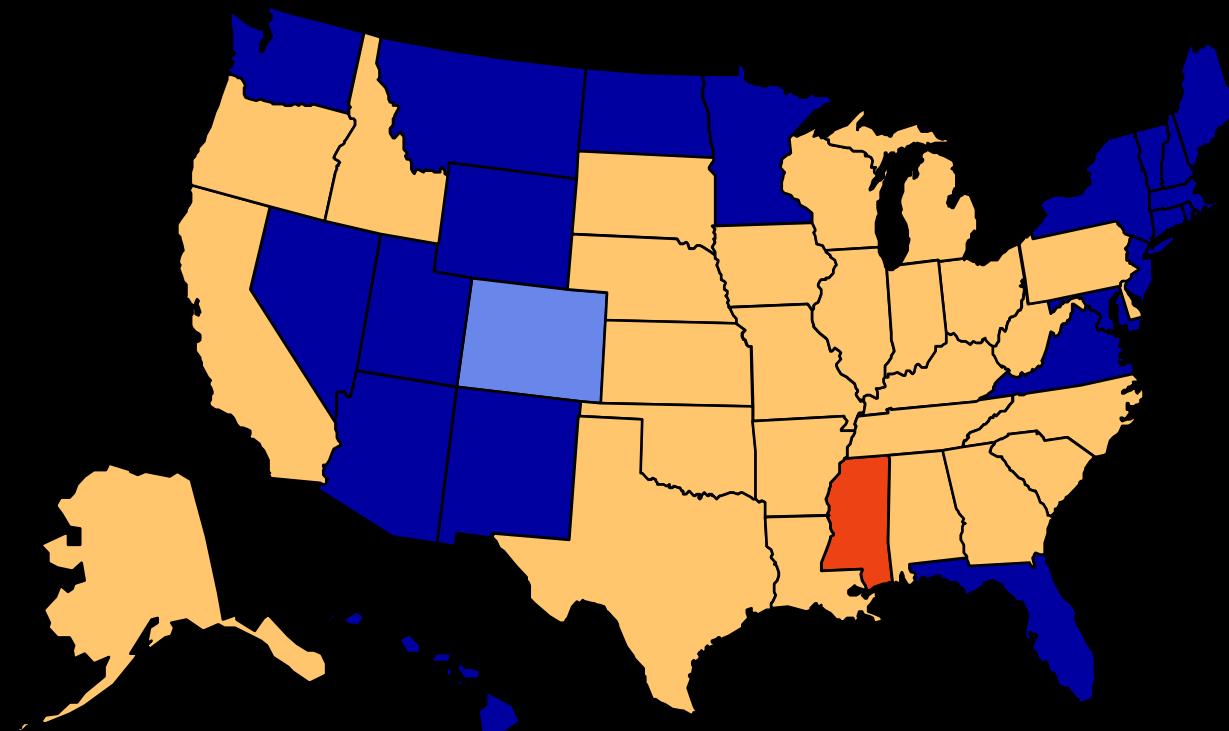
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2000



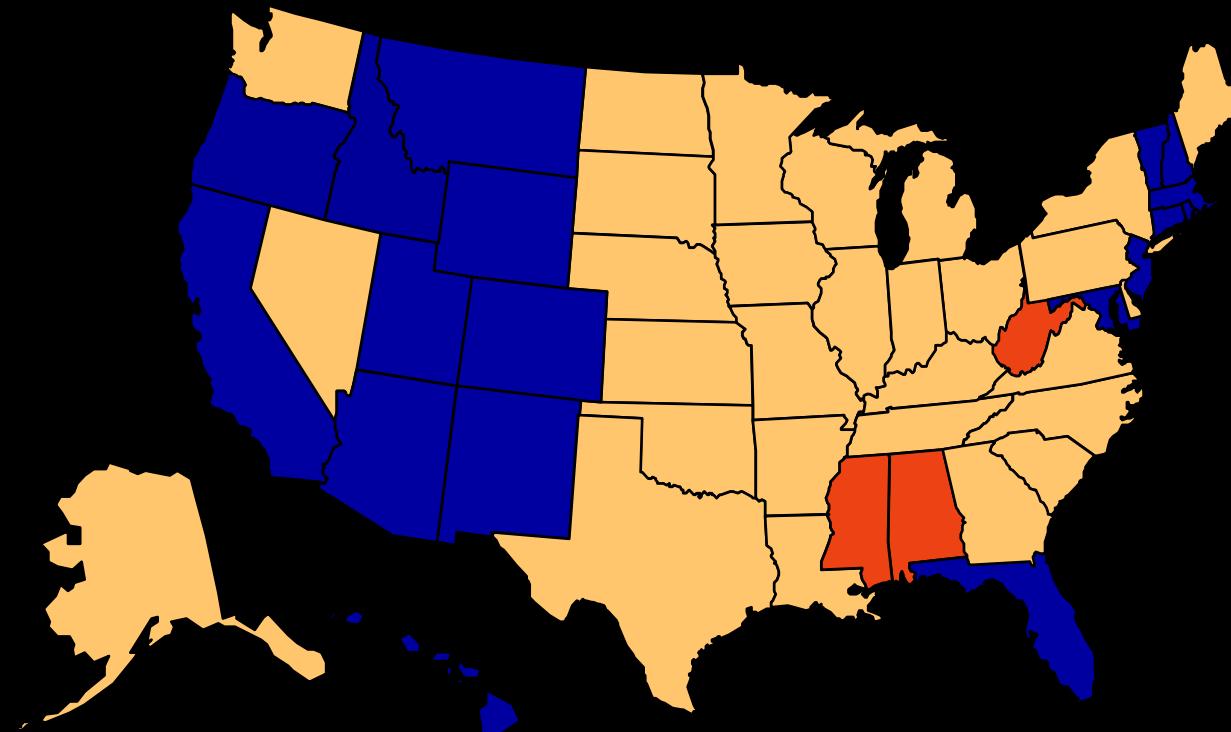
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2001



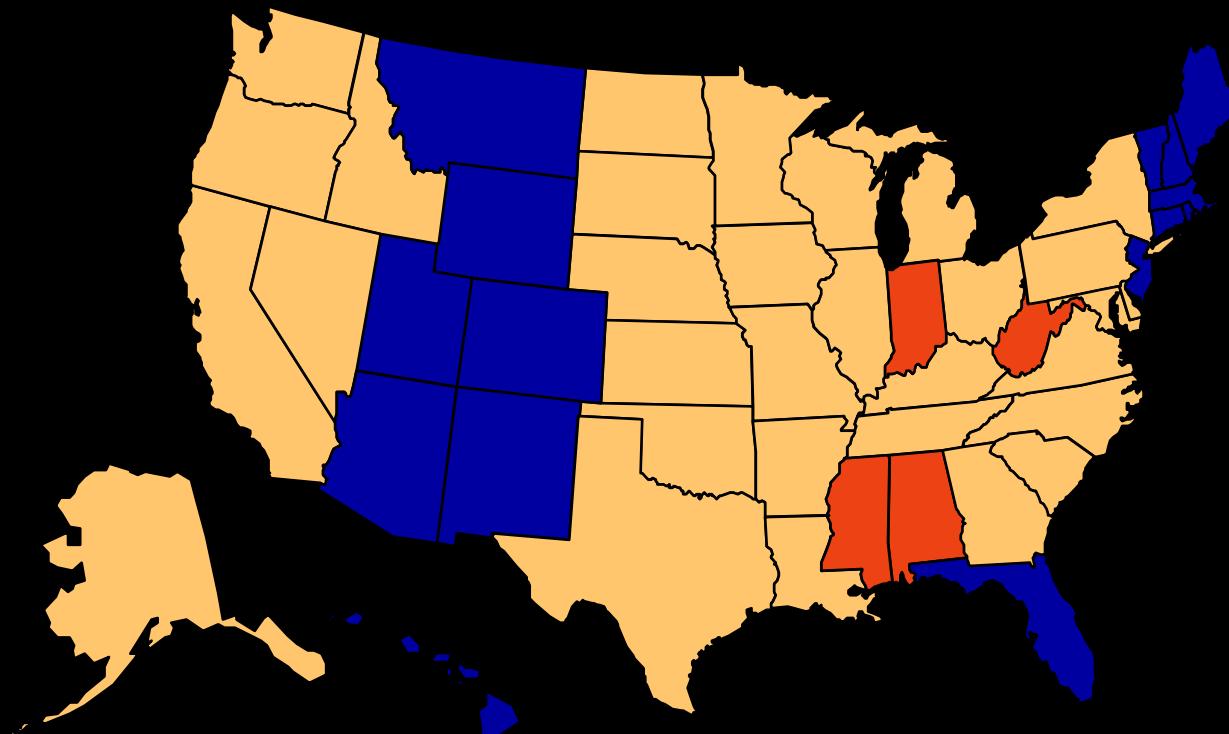
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- ≥25%

2002



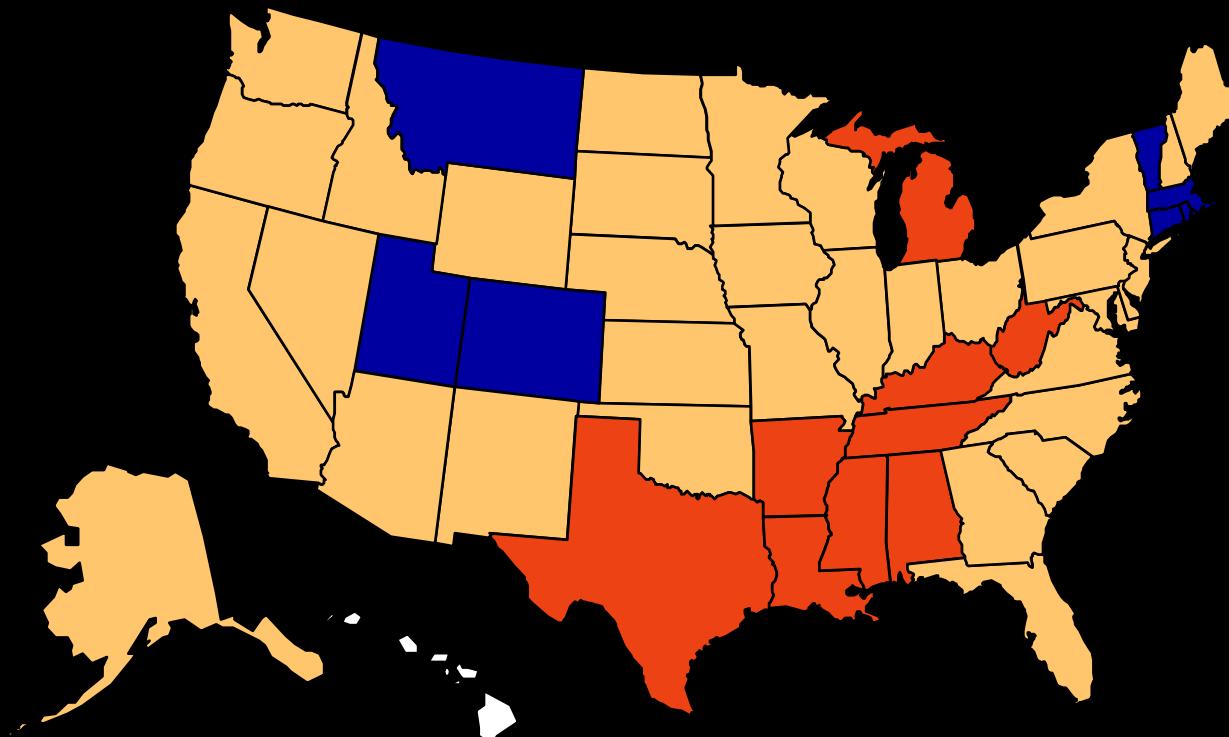
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- 15%–19%
- 20%–24%
- ≥25%

2003



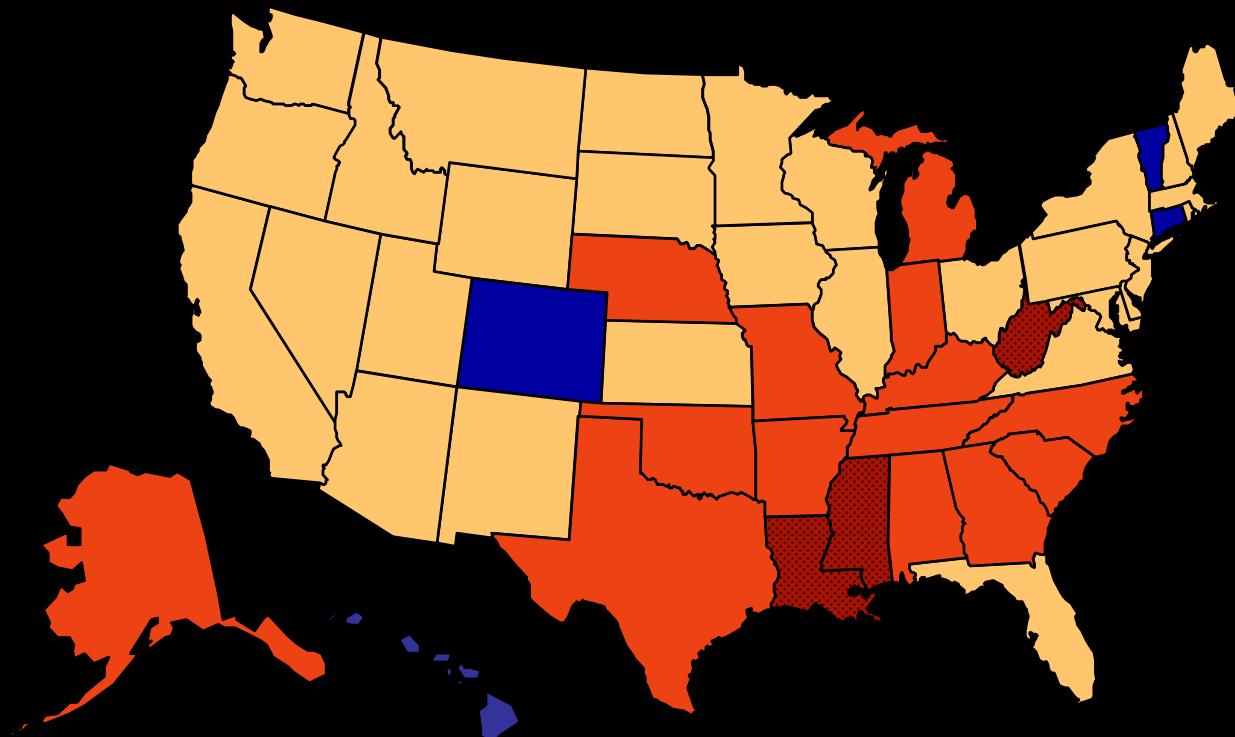
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- 15%–19%
- 20%–24%
- ≥25%

2004



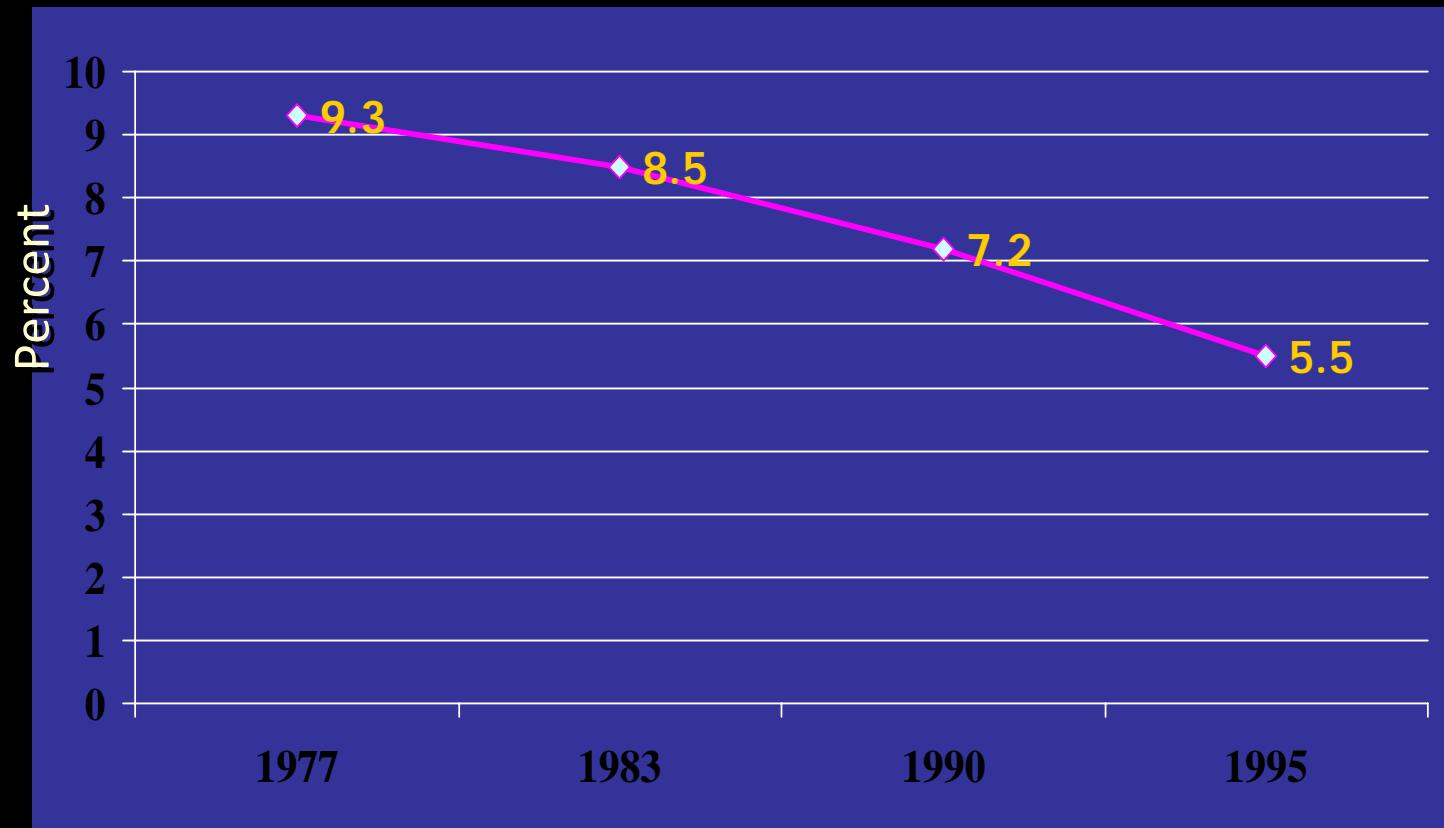
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2005



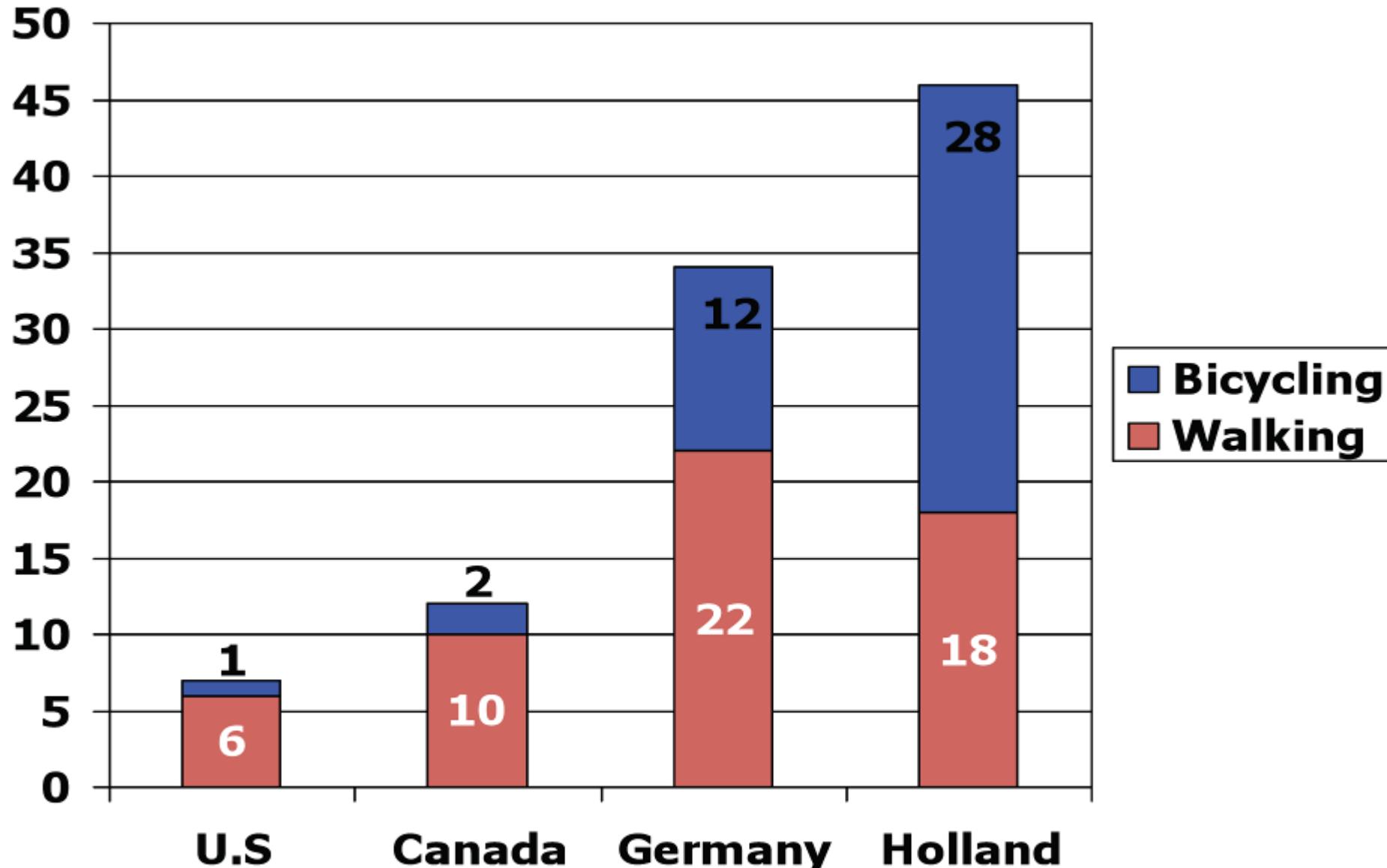
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- <10%
- 10%–14%
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- 20%–24%
- 25%–29%
- ≥30%

U.S. Walk Trips 1977-1995



Source: Nationwide Personal Transportation Survey, 1995

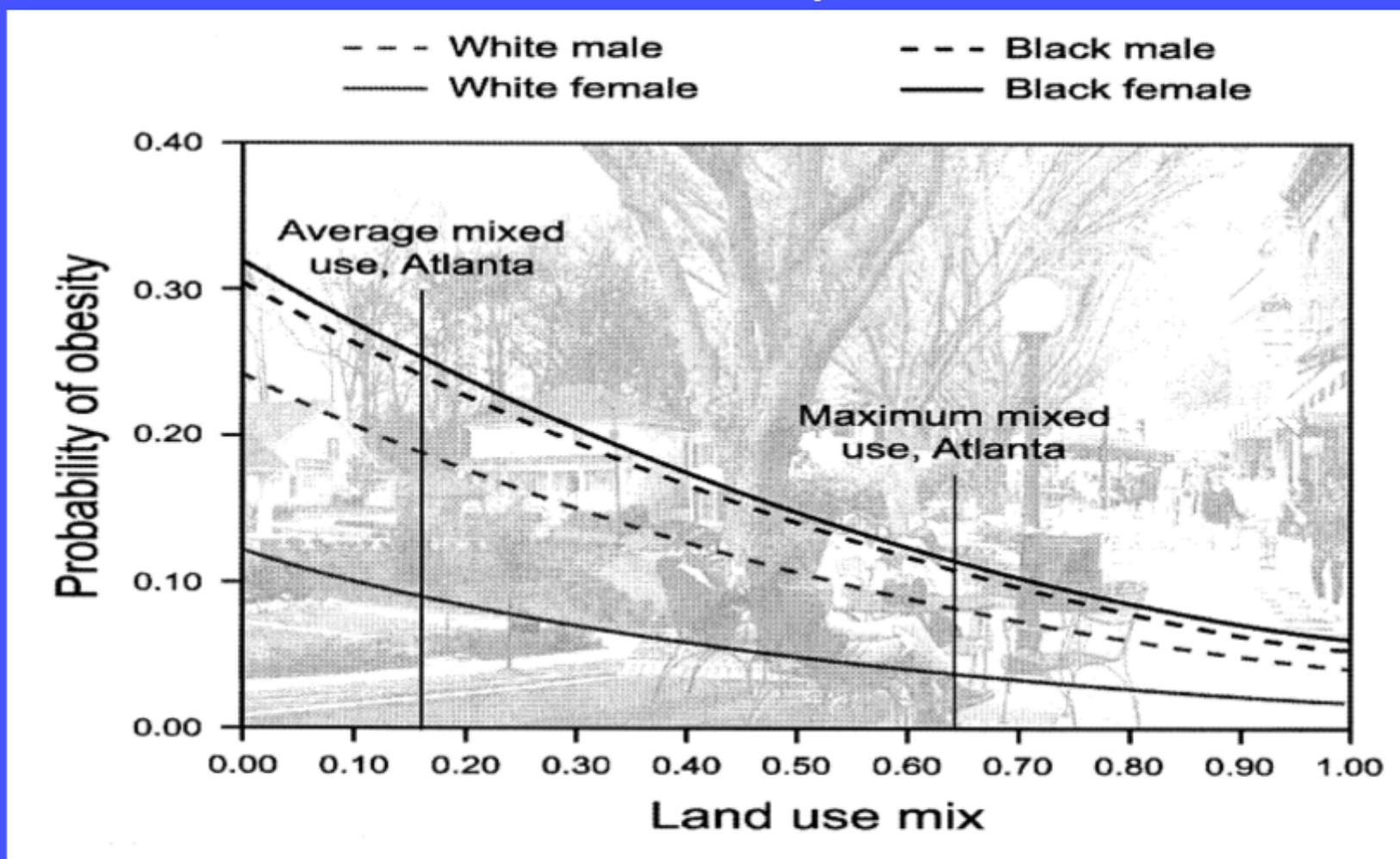
% of Trips in Urban Areas – 1995







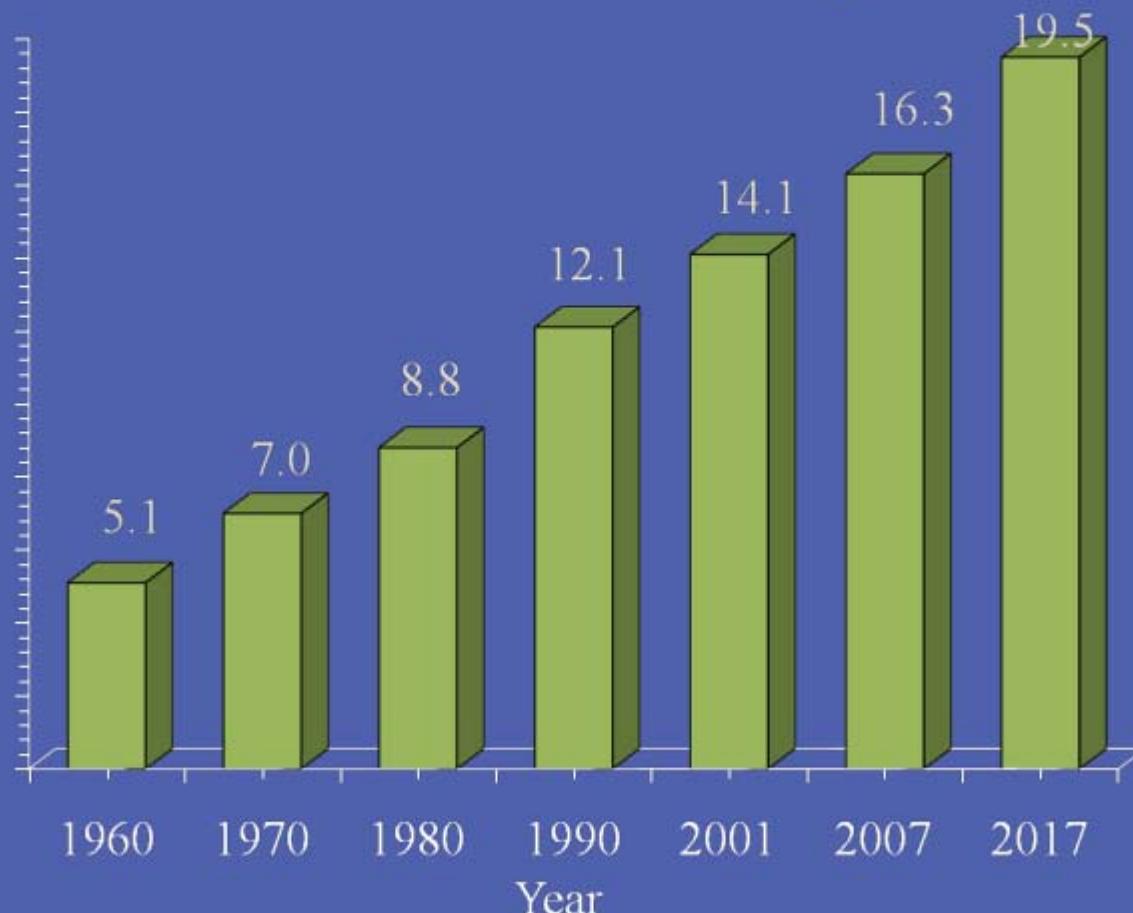
Higher density and connectivity: lower obesity— Atlanta study 2004



Obesity Relationships with Community Design, Physical Activity, and Time Spent in Cars

Lawrence D. Frank, PhD, Martin A. Andresen, MA, Thomas L. Schmid, PhD

U.S. Health Care Expenditures as Percent of GDP Projections



Keehan et al.
Health Affairs
March/April 2008 27:
145-155



The Pedestrian Defined

- Humans & health
- Pedestrian Typology



“Pedestrians”



Types of Walking

1. Rambling
2. Utilitarian Walking
3. Strolling, Linger ing
4. Promenading

A scenic view of a paved path next to a river, surrounded by lush green trees and bushes. The path leads towards a small bridge or overpass in the distance.

Rambling

Redmond

Rambling



Prospect

Upcountry
Maui



Rambling

Prospect



Rambling

Prospect



Rambling

Types of Walking

1. Rambling
2. Utilitarian Walking
3. Strolling, Linger ing
4. Promenading

Wailuku

Enter
←

First Hawaiian Bank

Utilitarian Walking

Kailua

Utilitarian Walking





Upcountry Maui Utilitarian Walking

Utilitarian Walking



Redmond

Types of Walking

1. Rambling
2. Utilitarian Walking
3. Strolling, Linger ing
4. Promenading

Boulder



Strolling, Lingering

Winter Park, FL

DA
Avenue

Ralph

keybowl
family owned

MODA
Park Avenue
Ladies' Fine
Fashion
Apparel

Strolling, Linger

Pukalani

R GALLON

ATER VENDING

REVERSE OSMOSIS
ES AVAILABLE IN HARDWARE STORE

E 878-VEND

PURIFIED WATER

35¢
Per Gallon

Reverse Osmosis

MONEY
REMOVED
NIGHTLY

35¢

ay Mo.



Strolling, Lingering

Types of Walking

1. Rambling
2. Utilitarian Walking
3. Strolling, Linger ing
4. Promenading

Promenading



Boulder

Tonight

- The Pedestrian Defined
- Pedestrians and Urban Form
- Pedestrian Environments
- Pedestrian Policy



Pedestrians & Urban Form

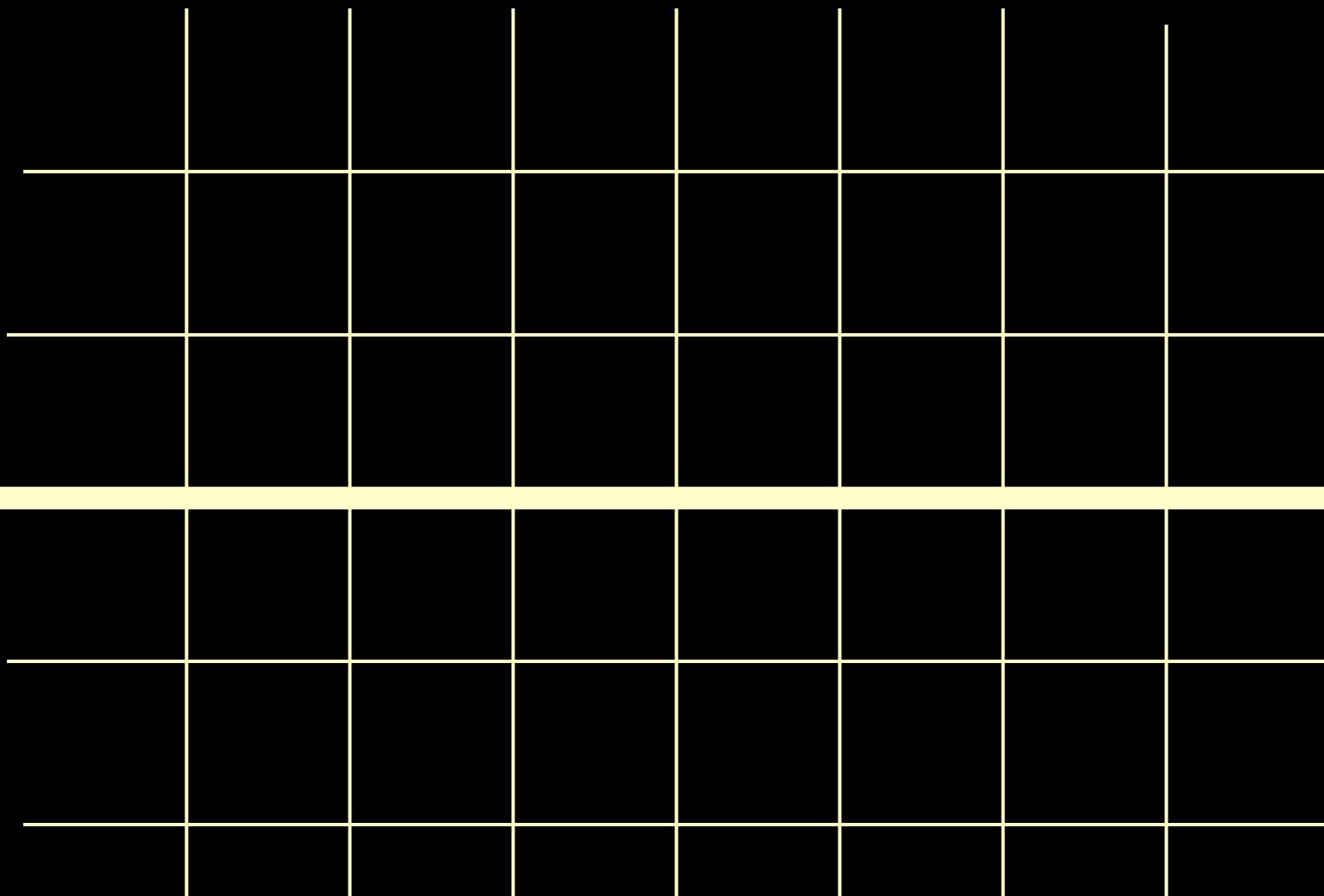
- Networks & connectivity
- Elements in the pedestrian environment
- Climate
- Destinations & land use





Aurora

Ideal Block Size for Efficient Traffic Flow



330' to 528'

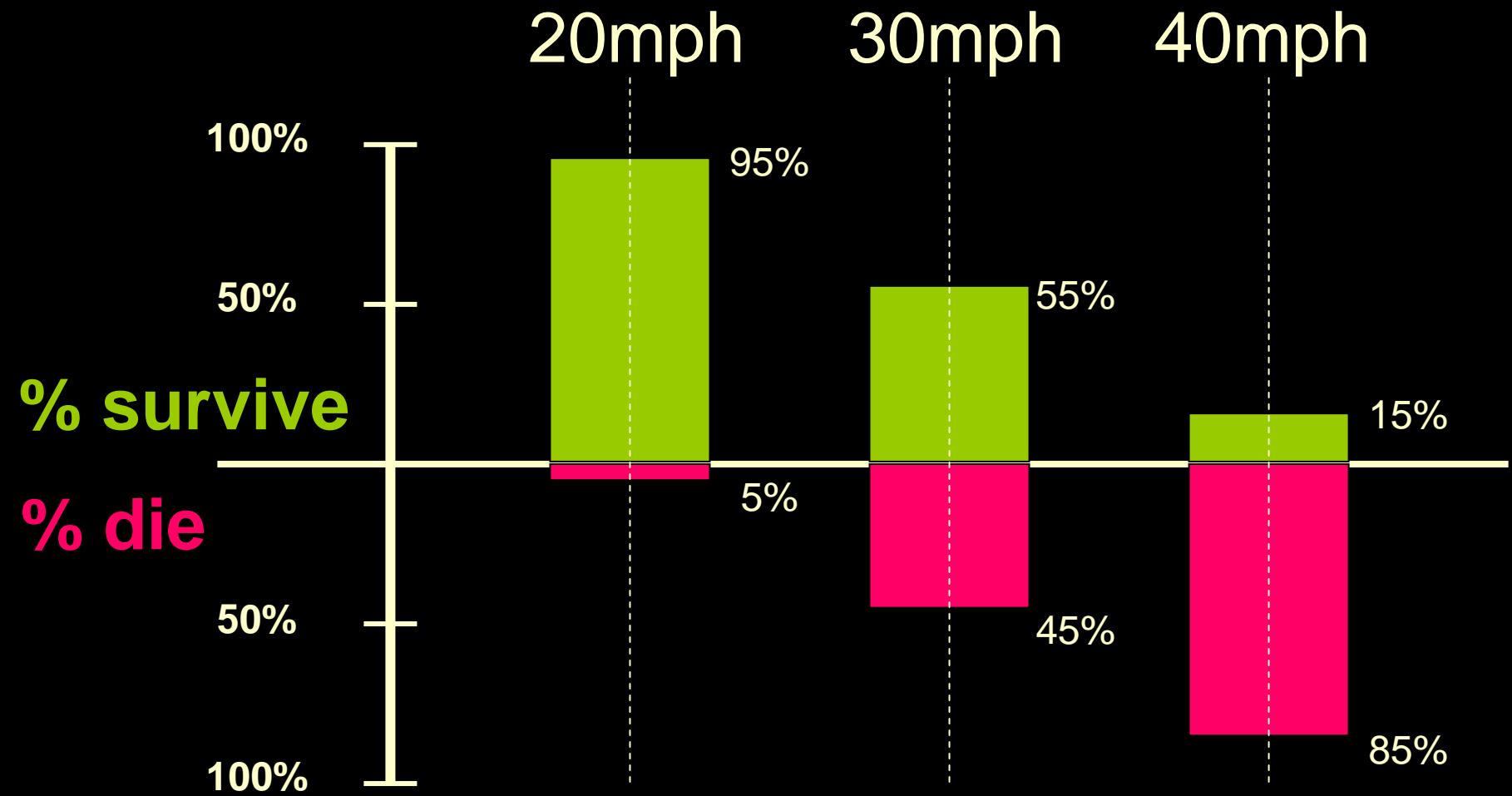


Aurora

Driggs



Pedestrian Survival Rates – Vehicle Speeds





ALOHA
Quality Gasoline

Unleaded 2.29
Unleaded Plus 2.39
Super Unleaded 2.49

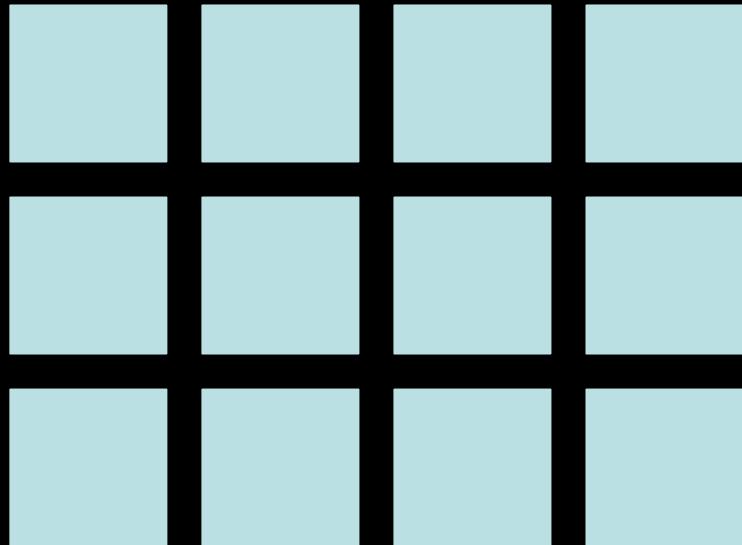


LAFAYETTE
MOTEL



Bassett St

Pedestrian Networks



The ideal
pedestrian “grain”
is 250' to 350'



Path Index

Shortest feasible route on street network

$$\frac{\circ}{\circ}$$

Straight line distance (as the crow flies)



2100 feet

300 feet

Path Index: 7.0

LOS A < 1.4

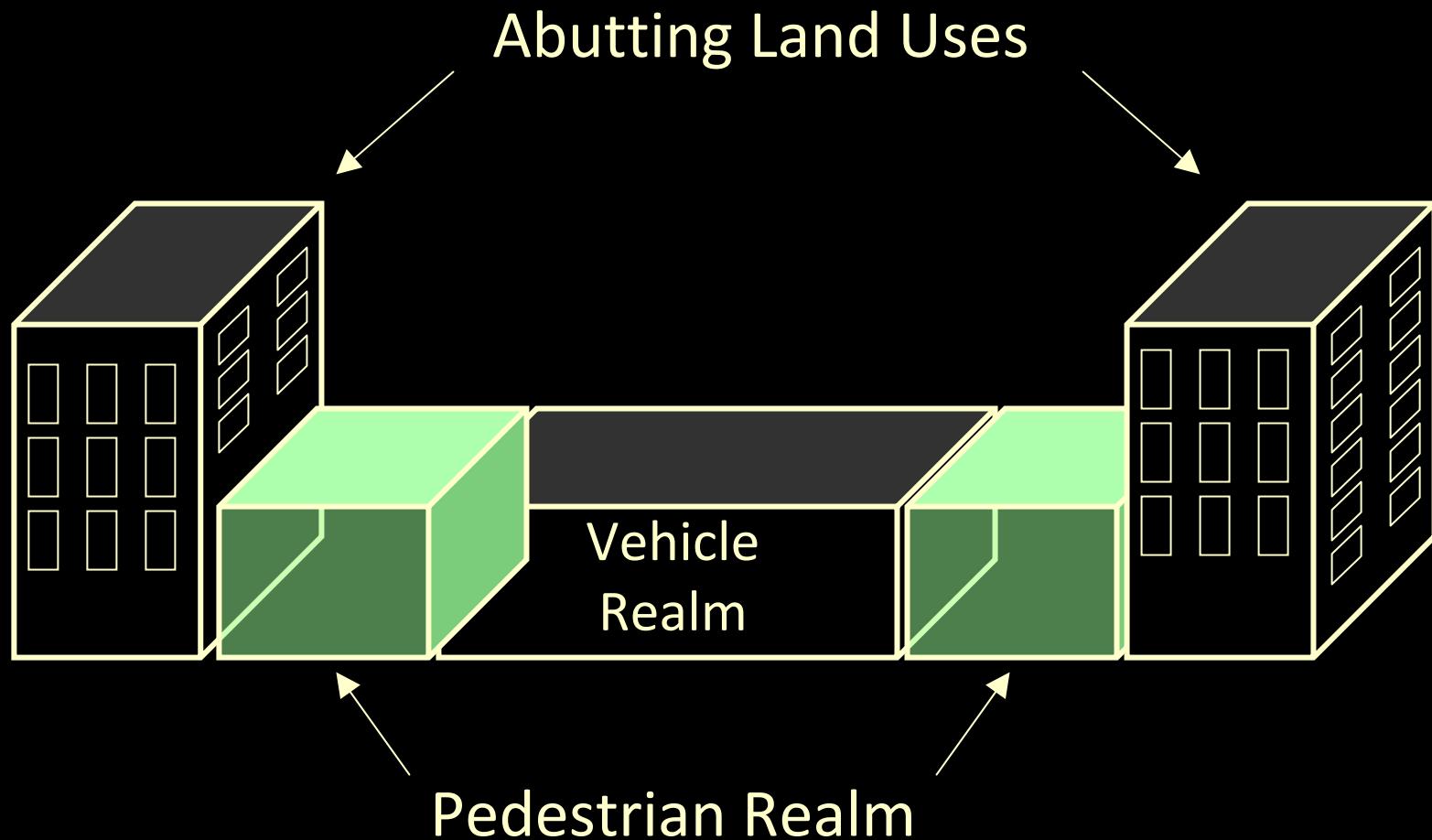


Pedestrians & Urban Form

- Networks & connectivity
- Elements in the pedestrian environment
- Climate
- Destinations & land use



The Pedestrian Environment



1. Street Wall

2. Pedestrian Realm

3. Overhead Area

4. Vehicle Realm

5. Subsurface Area



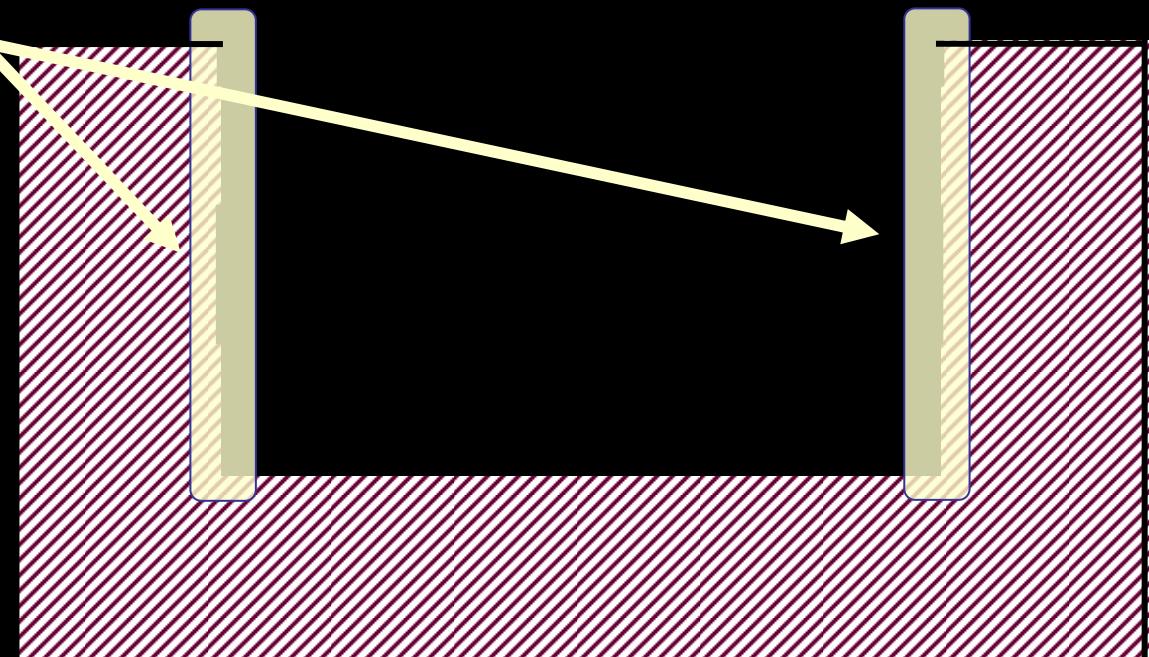
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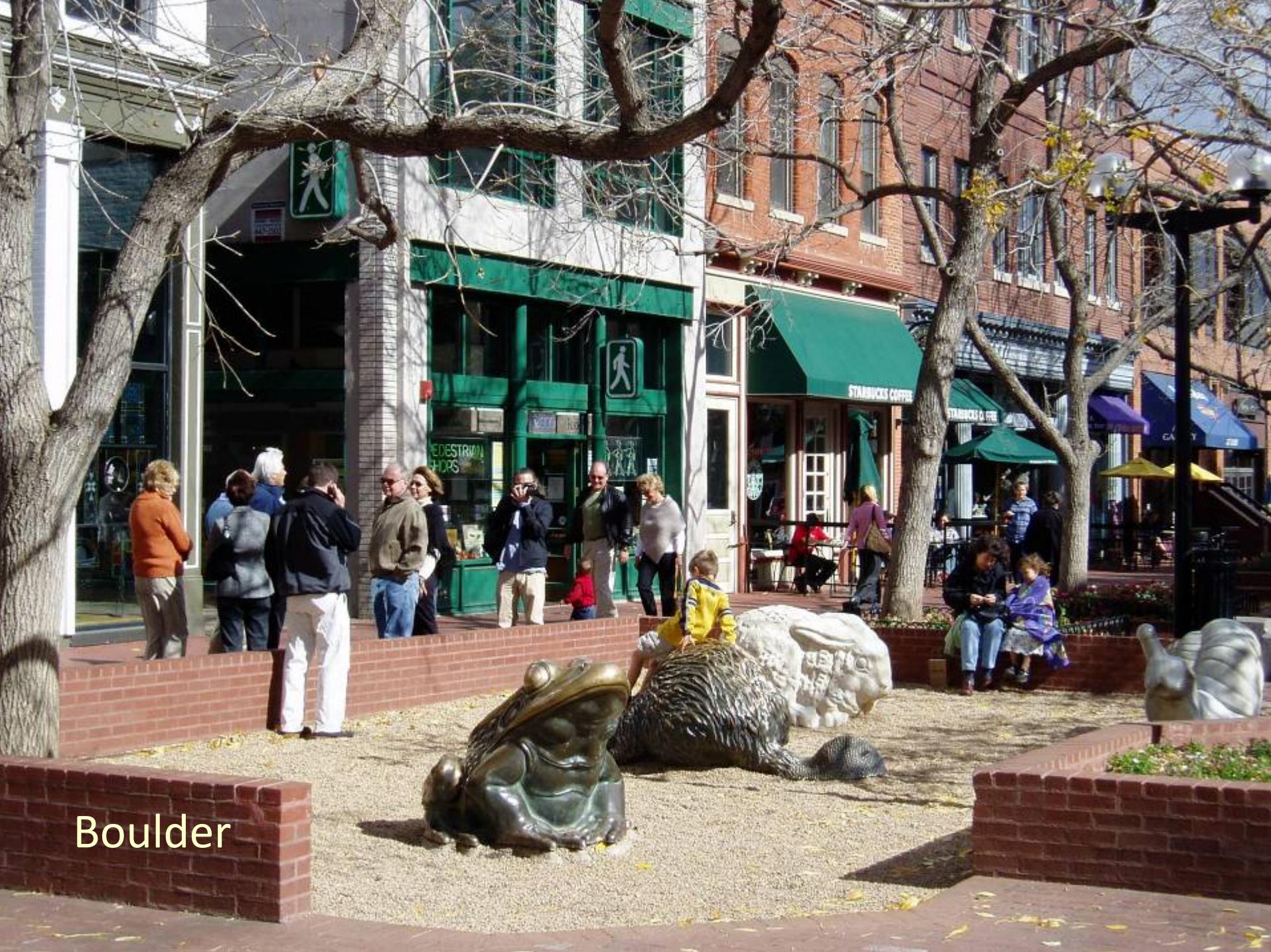
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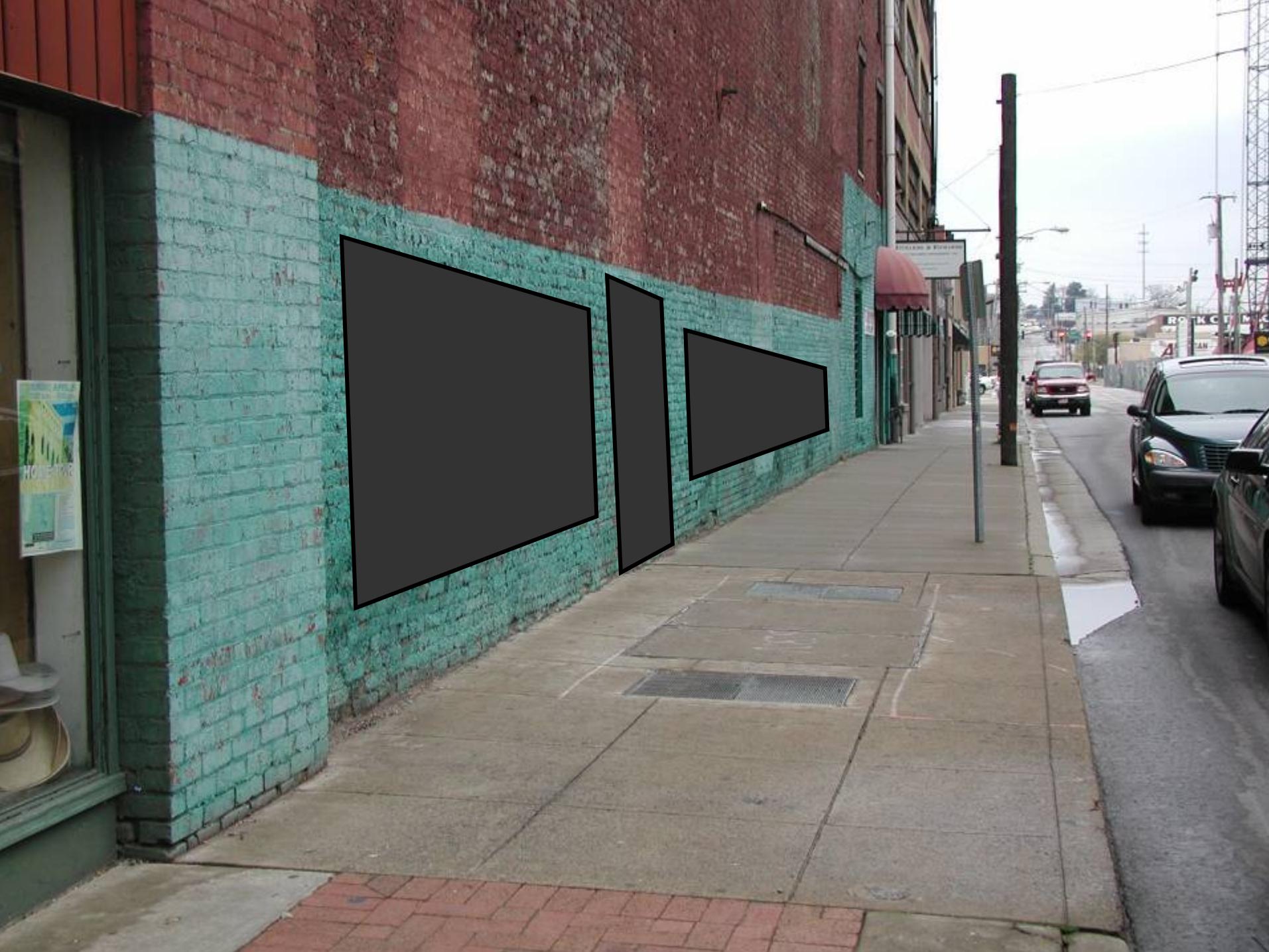


Boulder





Boulder



Victor, ID





Newbury Street, Boston



Copley Square, Boston



London



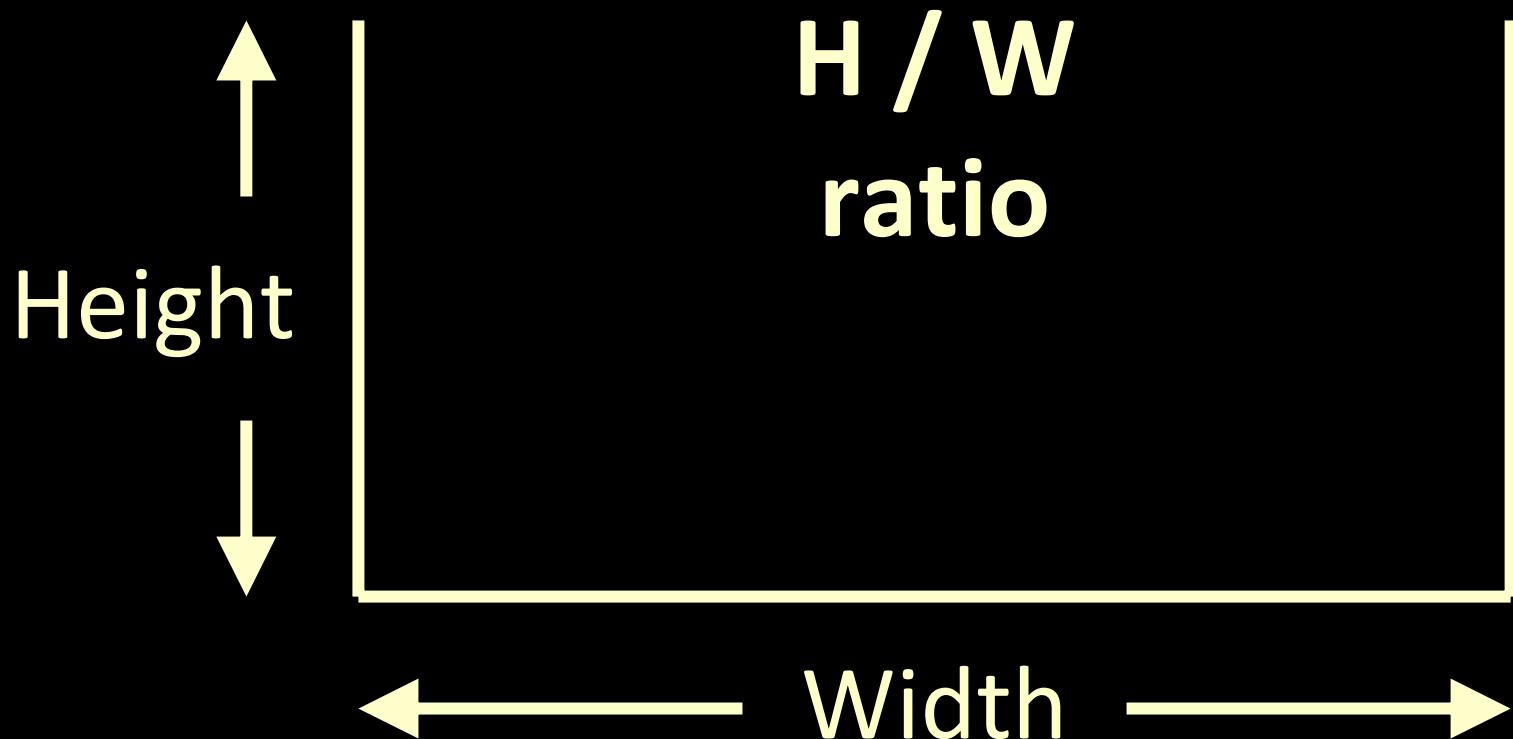


Houston

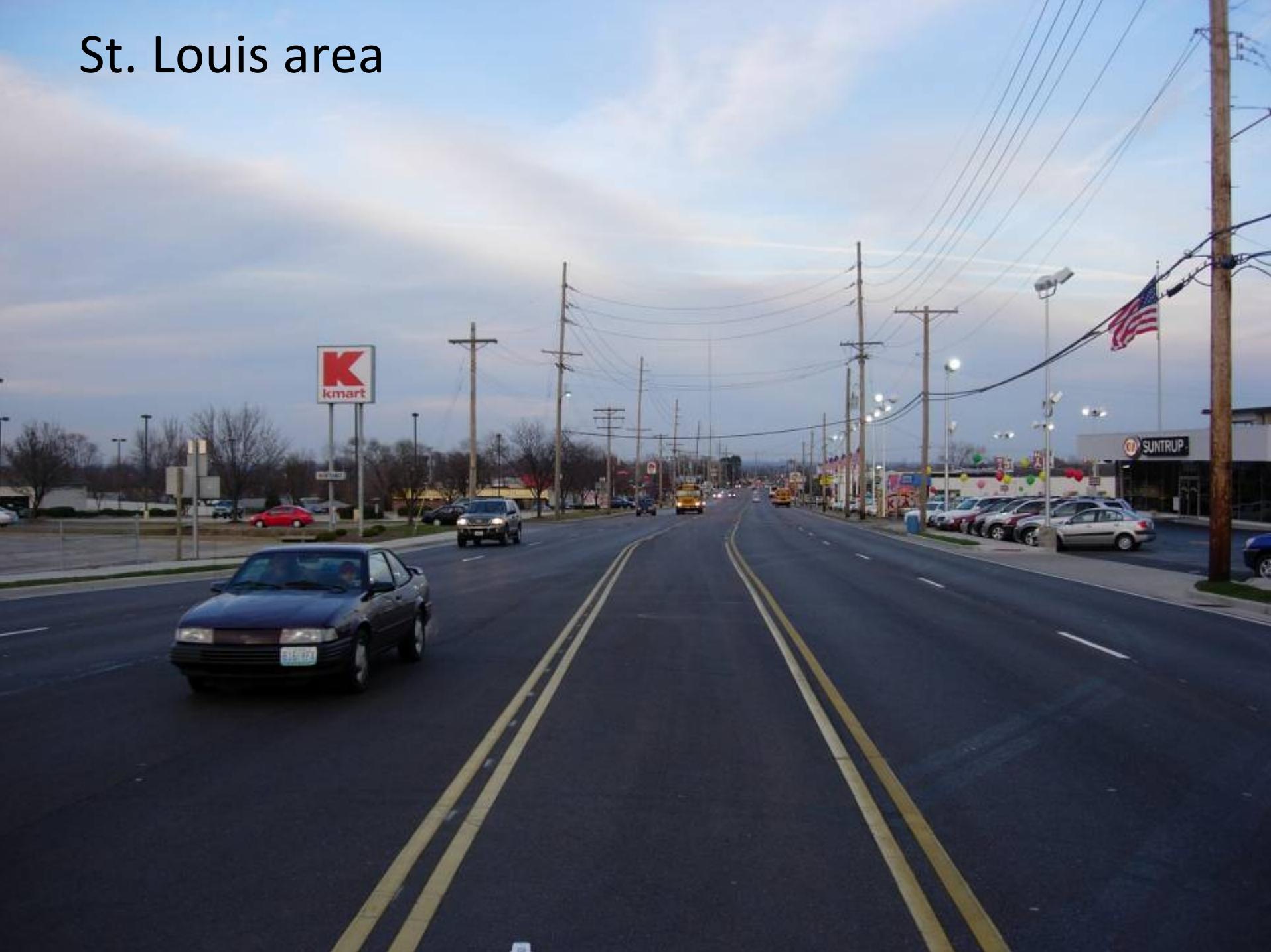


Houston

Urban Scale

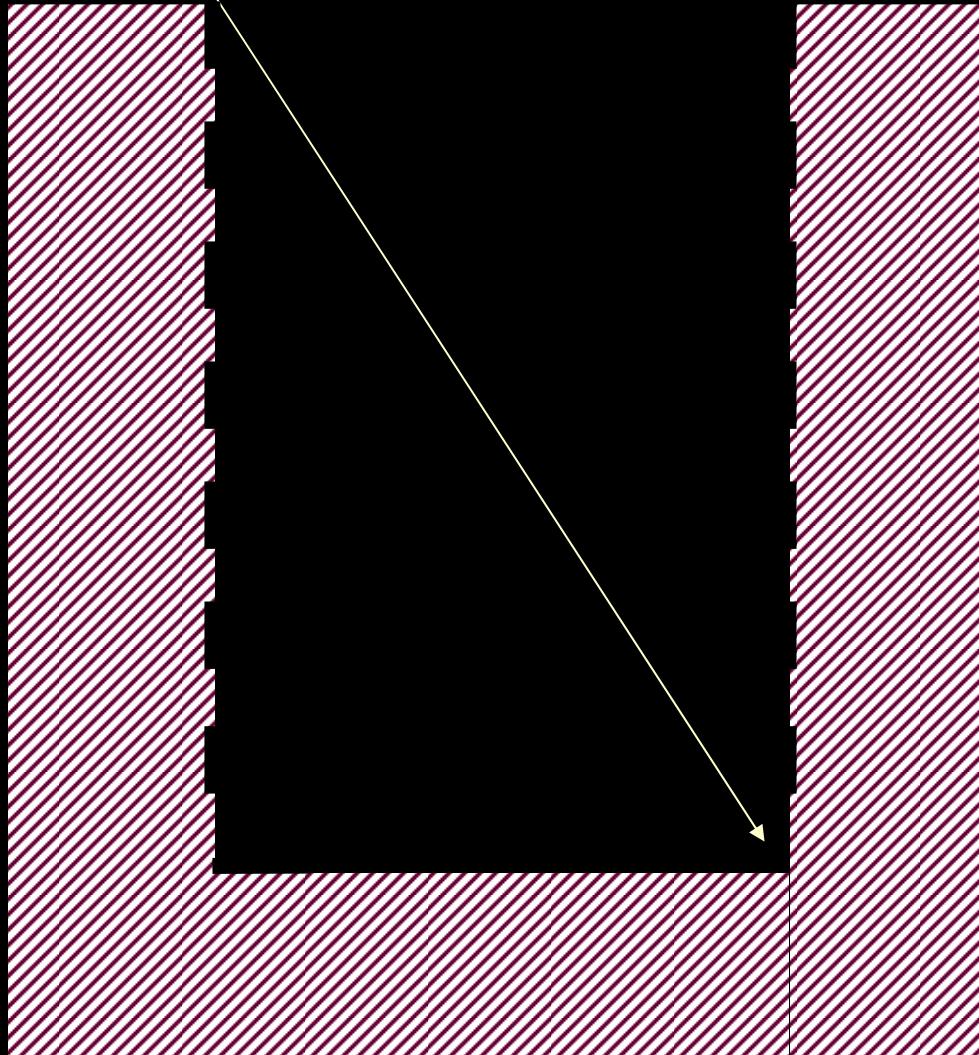


St. Louis area




Sun Angle = 66°

Urban Scale

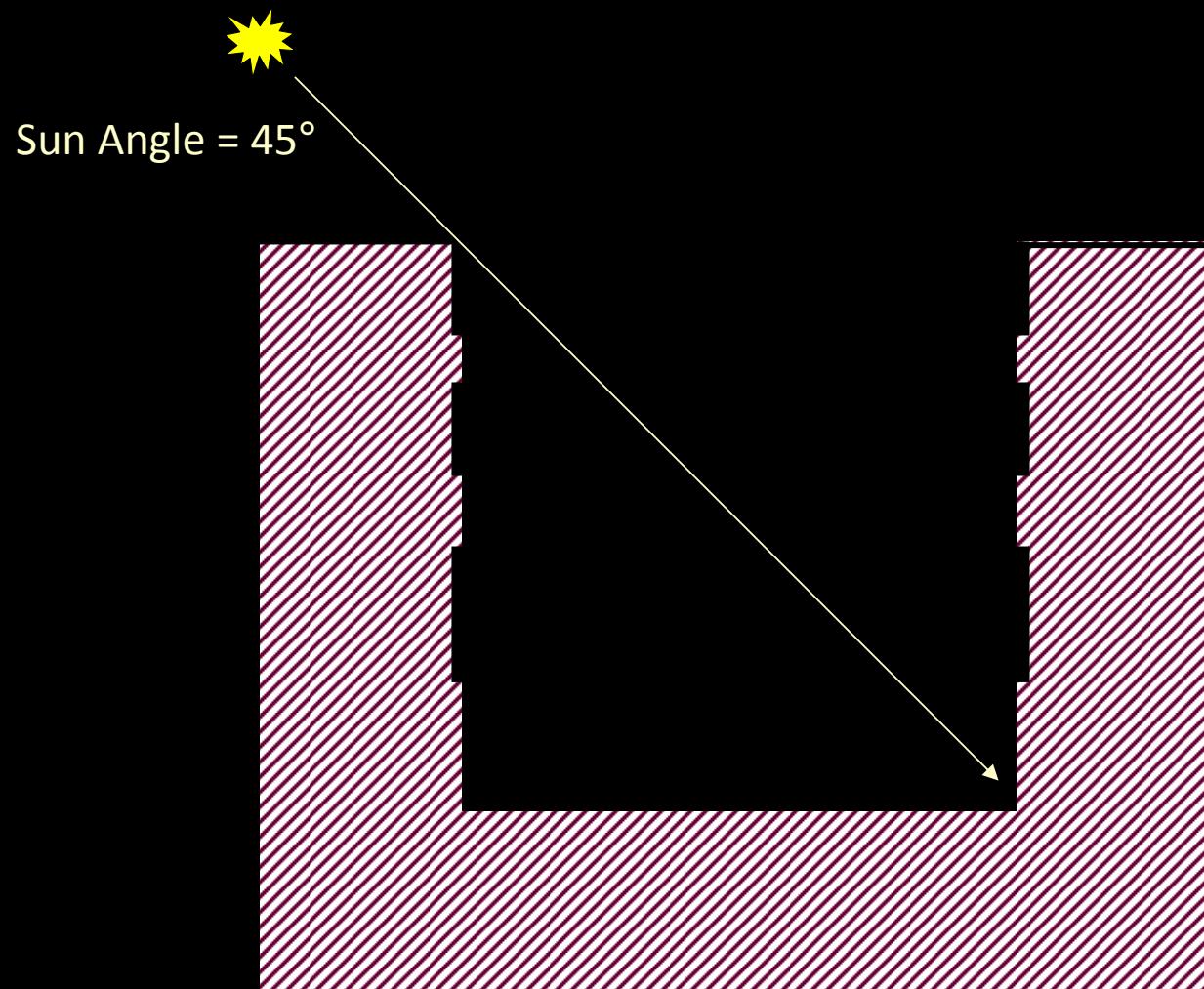


3:2 Height to Width Ratio



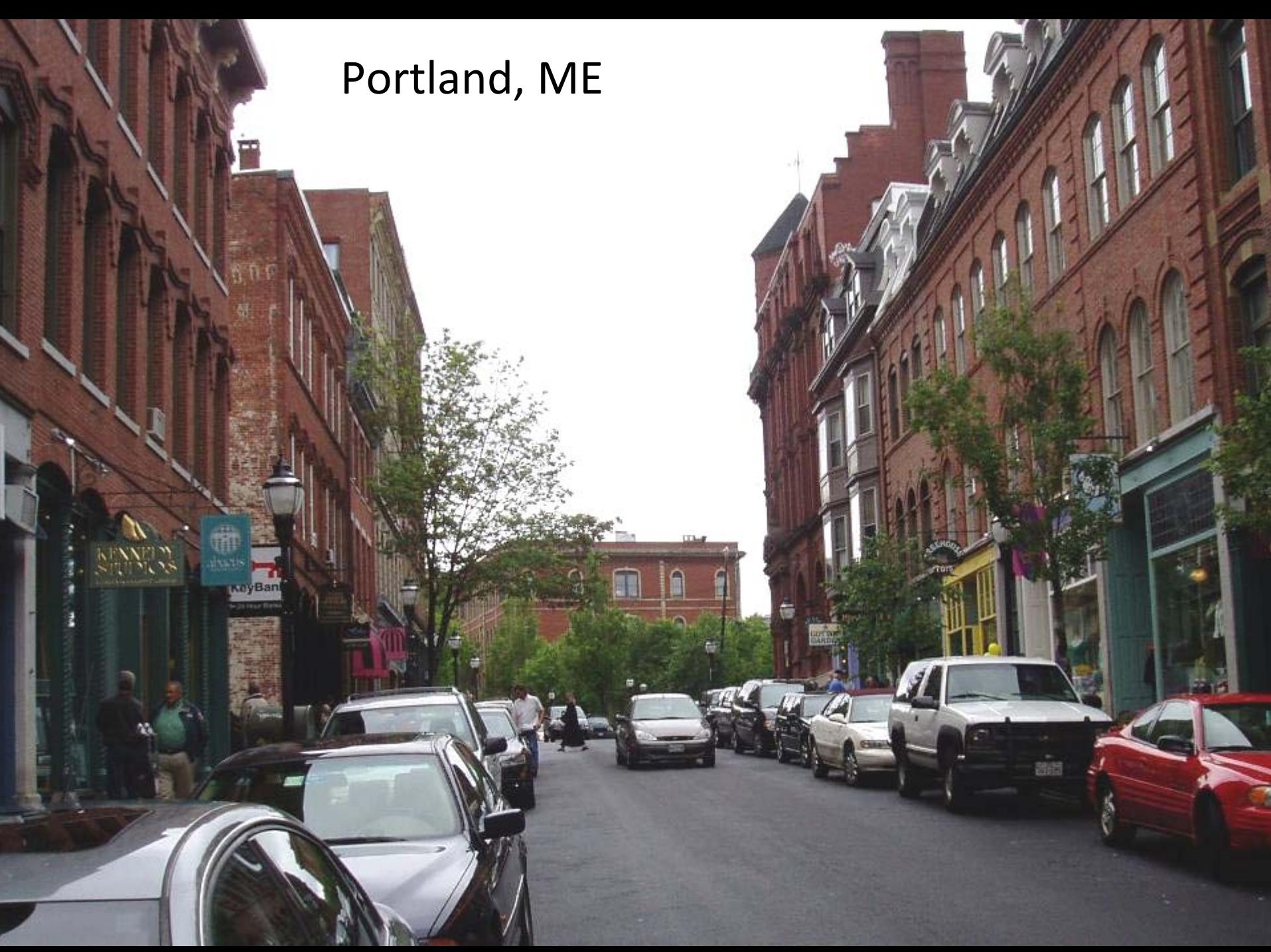
Houston

Urban Scale

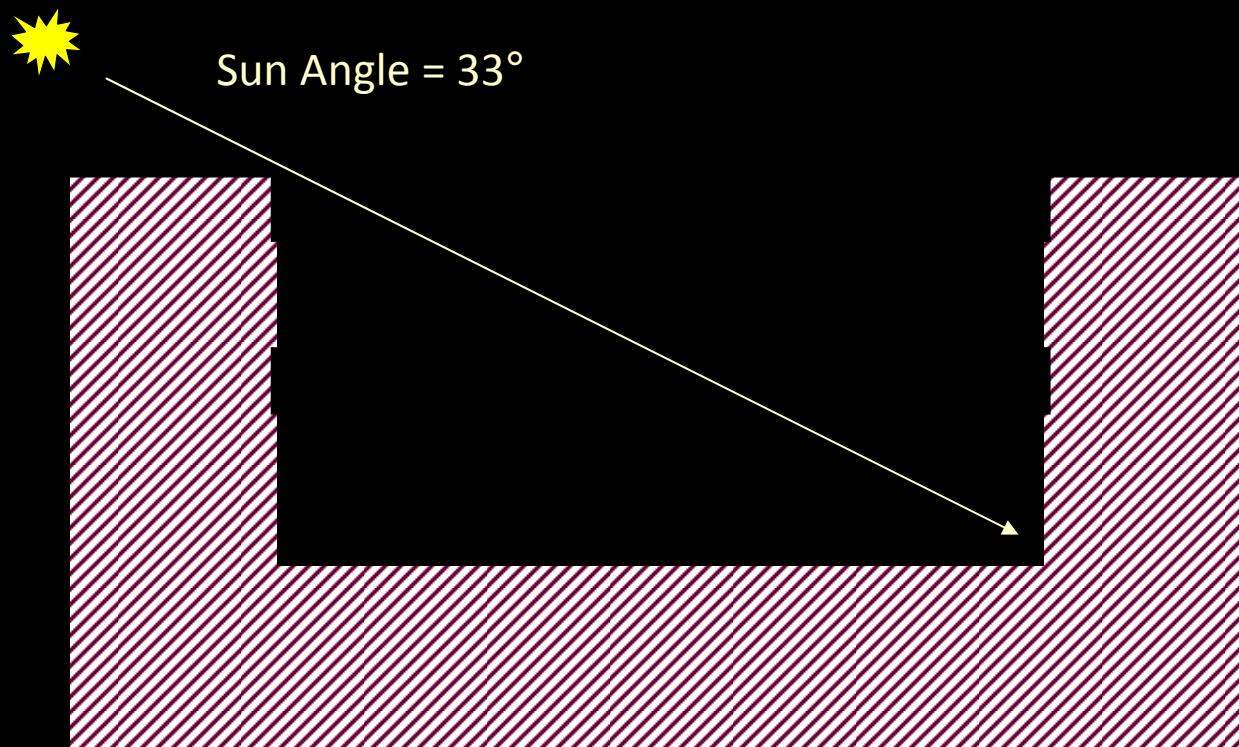


1:1 Height to Width Ratio

Portland, ME



Urban Scale



1:2 Height to Width Ratio

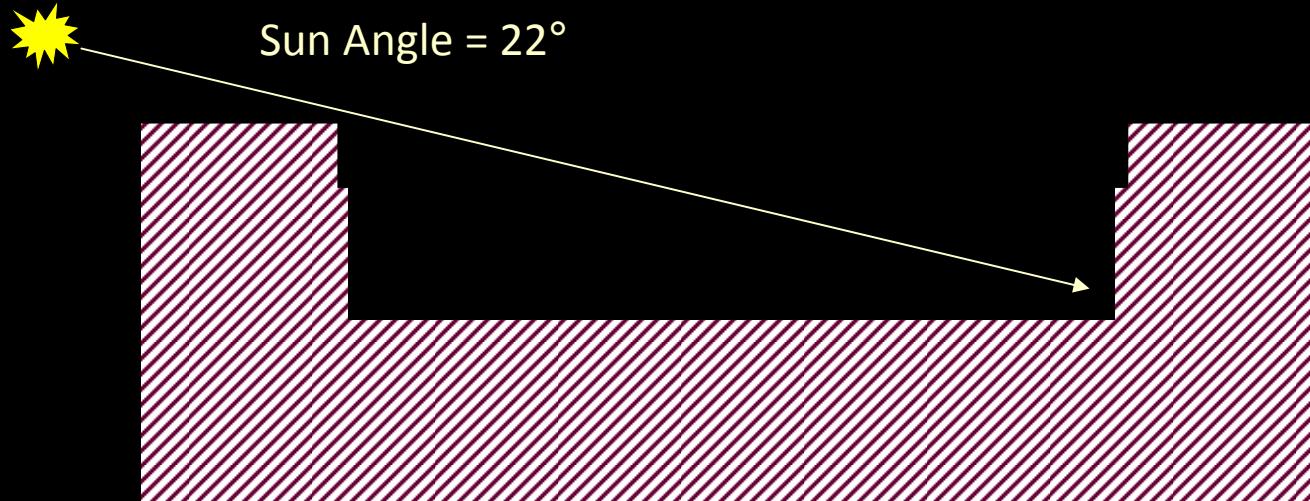
Santa Cruz





Flagstaff

Urban Scale



1:4 Height to Width Ratio



Boulder



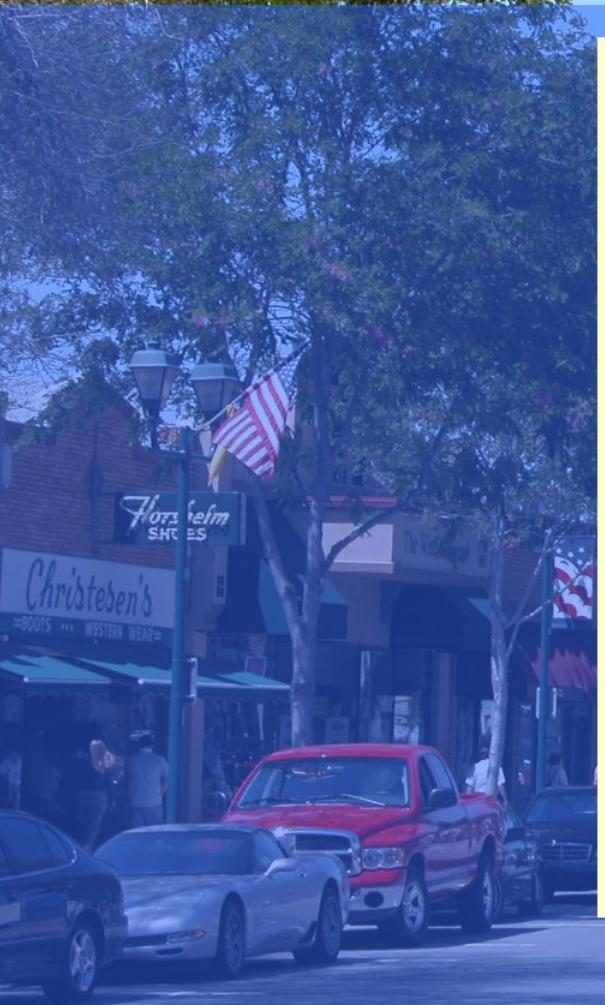
Boulder



Boulder

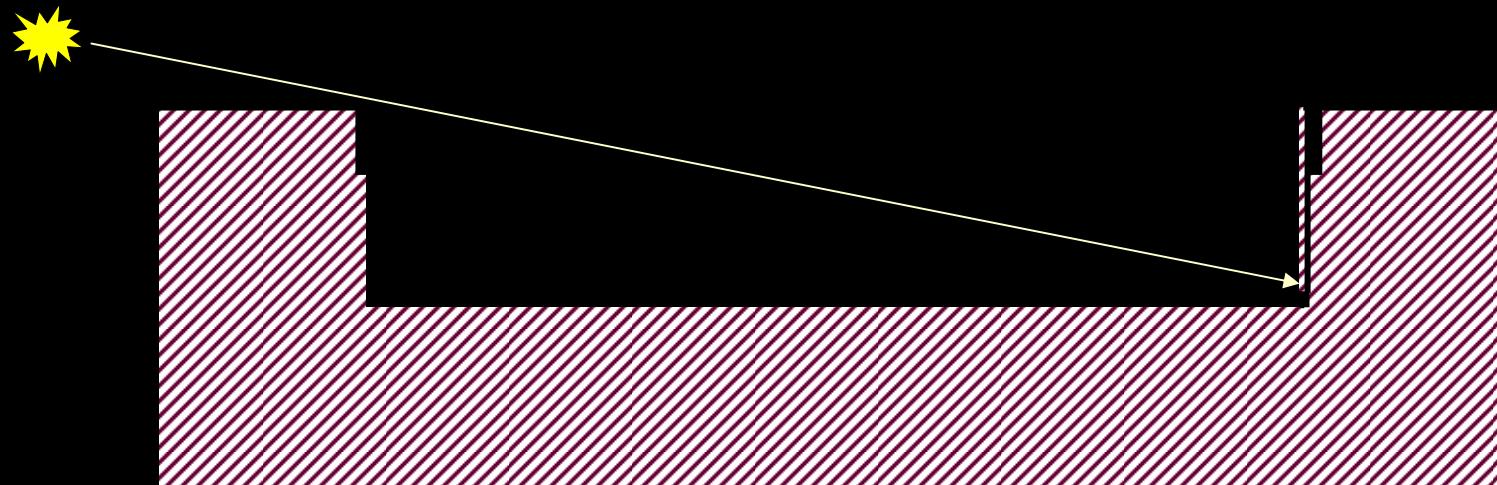


Pleasanton, CA



Pleasanton, CA

Urban Scale



1:5 Height to Width Ratio



Aurora, CO



Longmont, CO

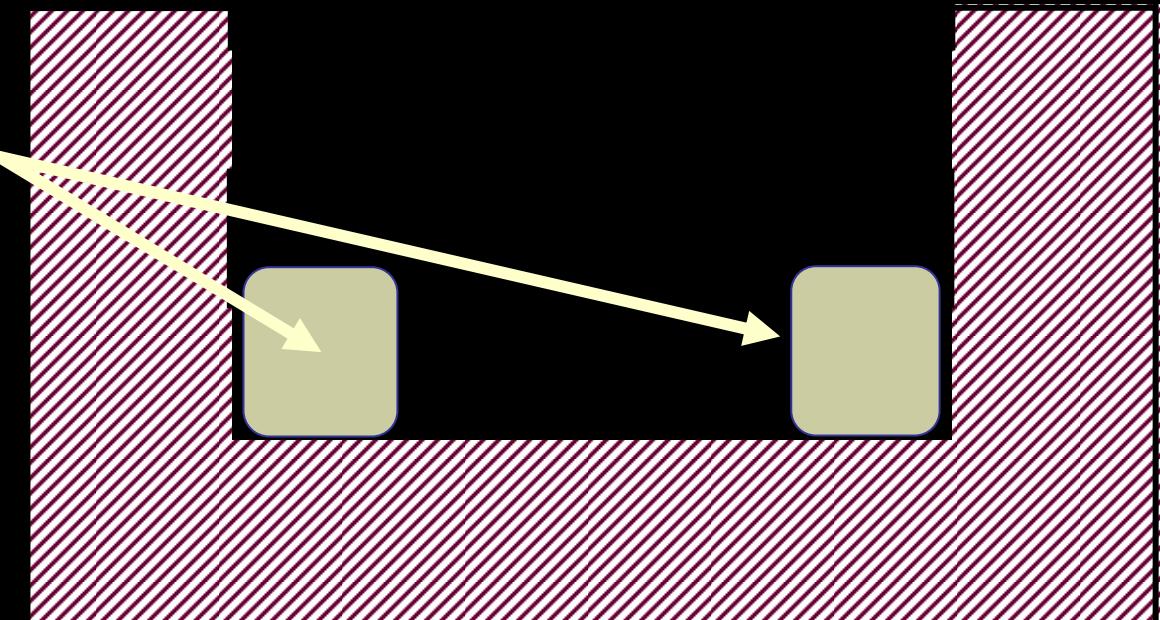
1. Street Wall

2. Pedestrian Realm

3. Overhead Area

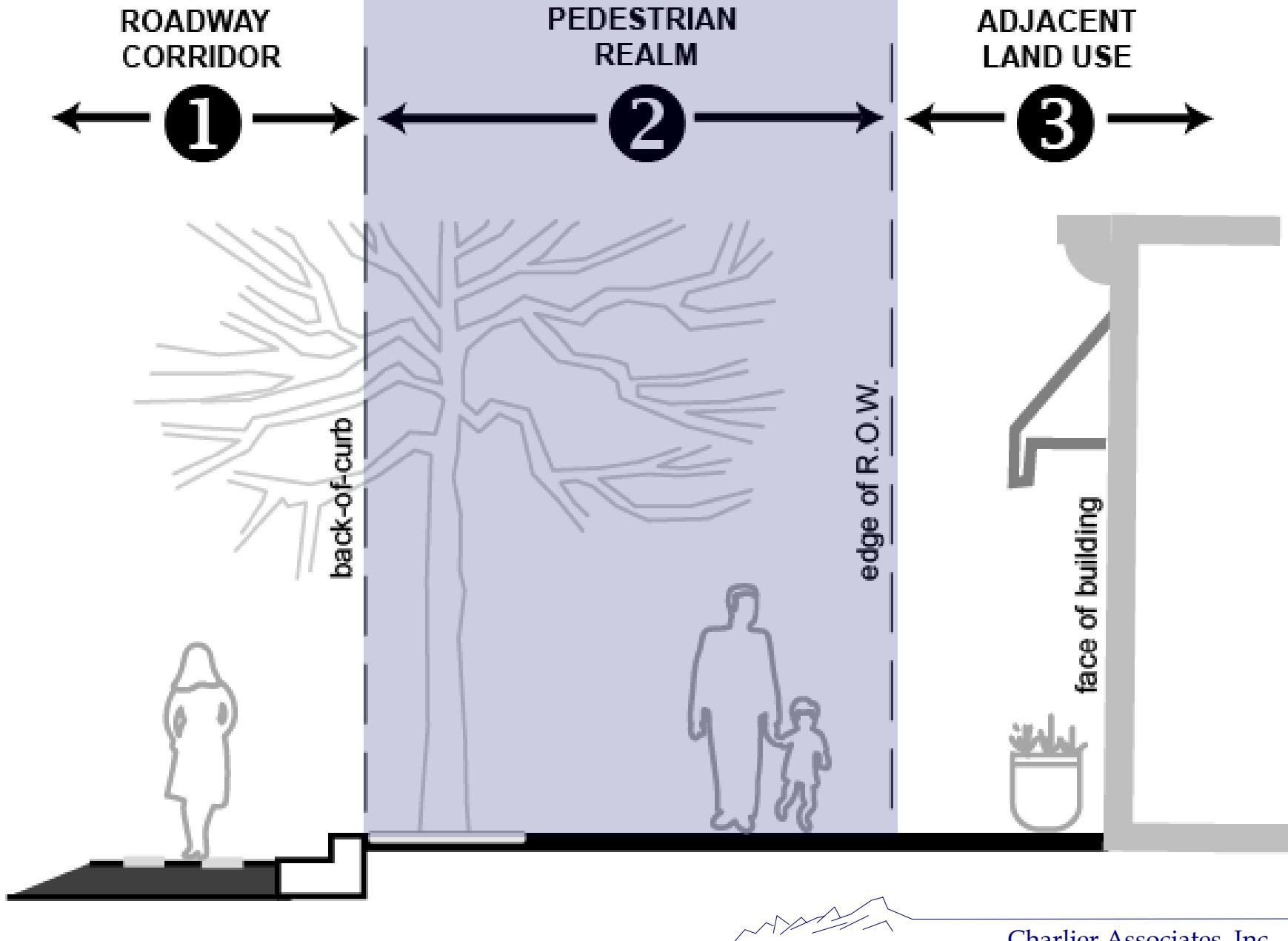
4. Vehicle Realm

5. Subsurface Area



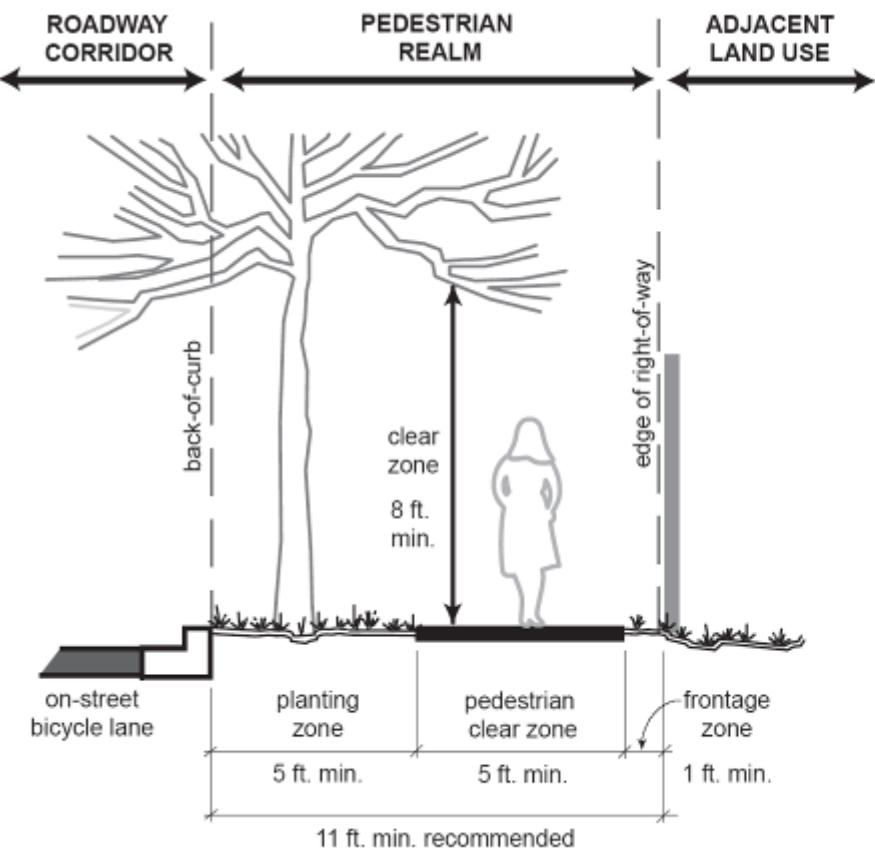


Winter Park, Fl

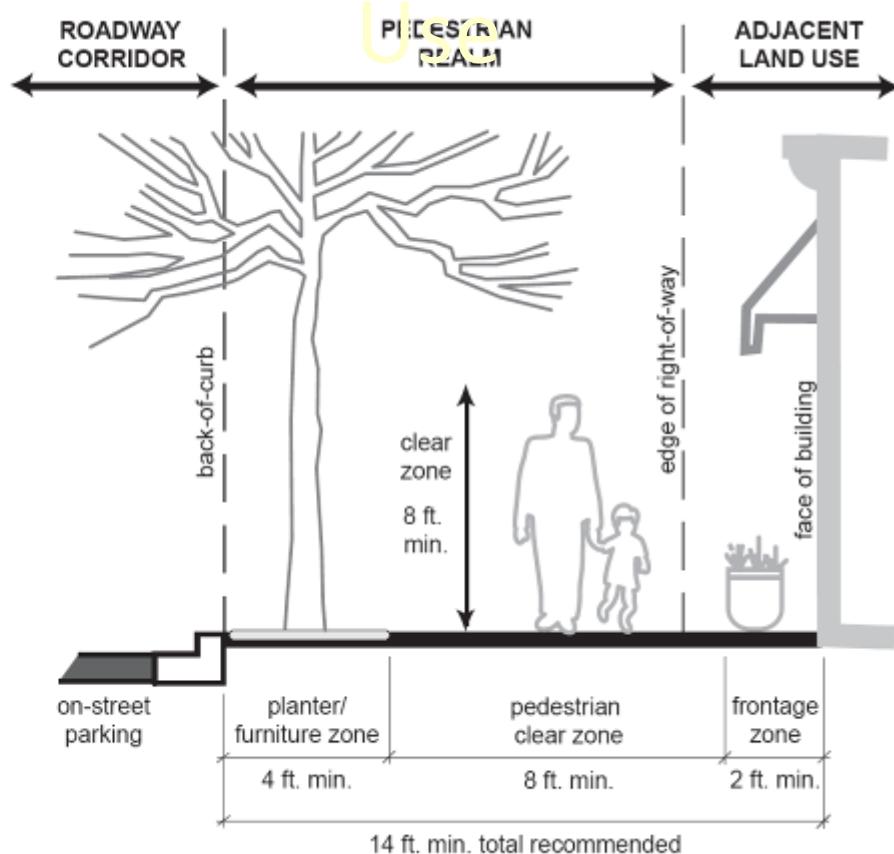


Importance of Place Type

Residential



Commercial, Mixed





Boulder

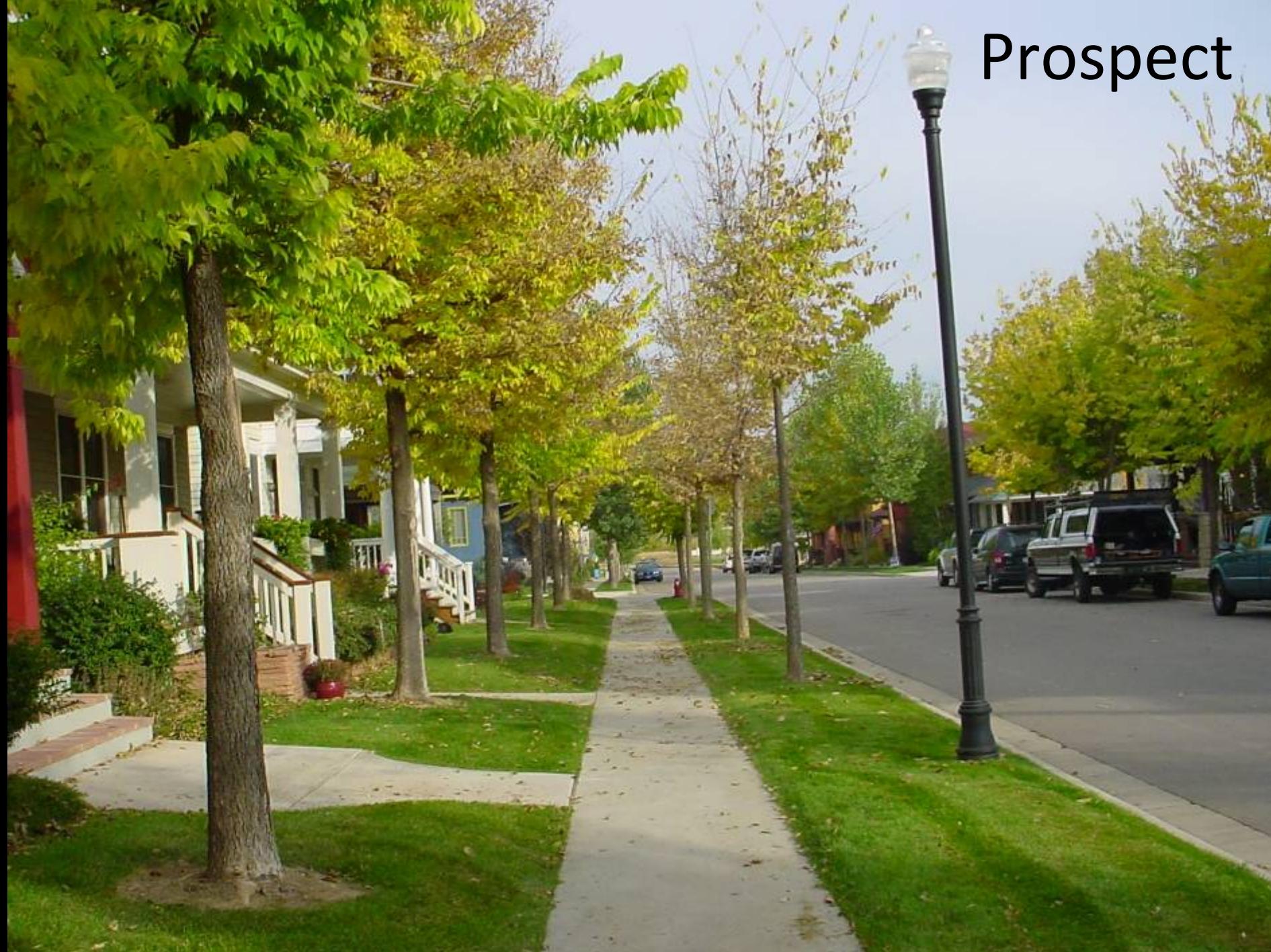
Kailua



Kailua



Prospect



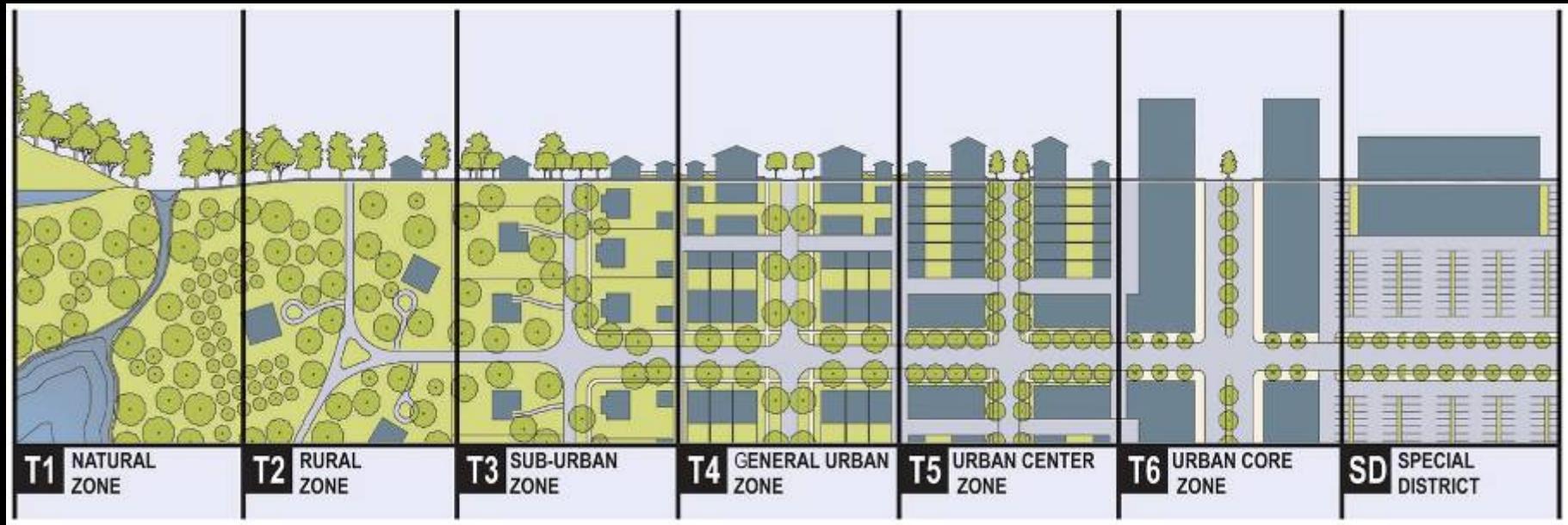
Boulder





Longmont

Urban “Transect”



RURAL

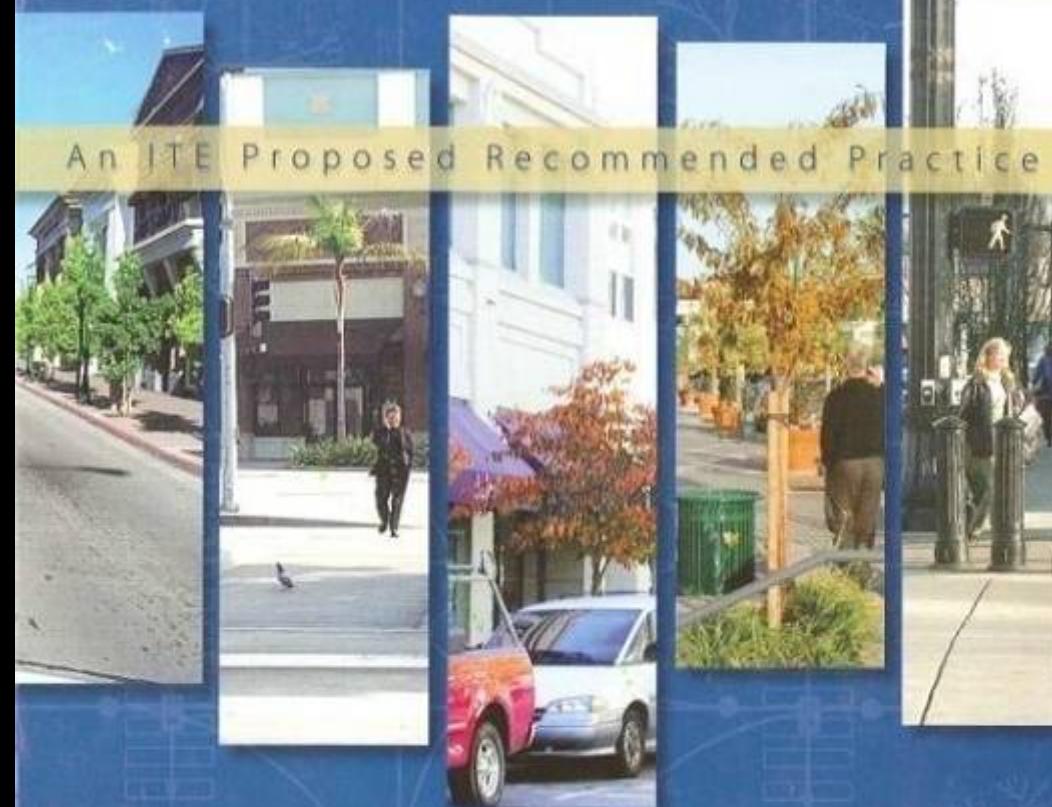


URBAN

Context

Underlying
Principle:

Design should
reflect context of
the service
environment



Context Sensitive Solutions
in Designing Major Urban Thoroughfares
for Walkable Communities



Institute of Transportation Engineers

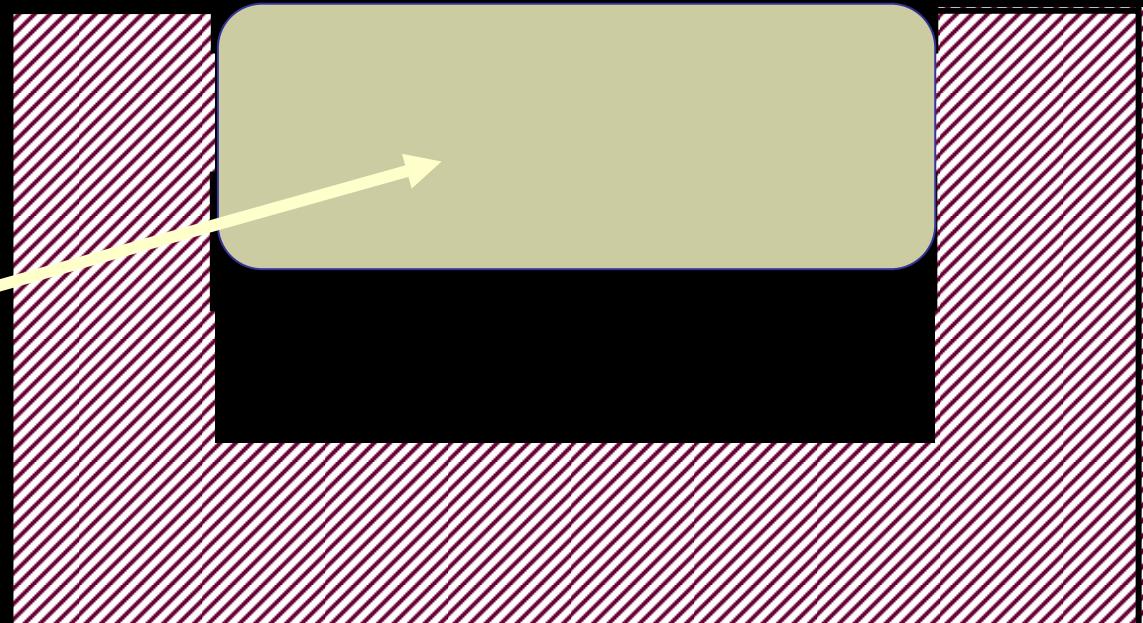
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Kailua



Kailua



Kailua



Houston

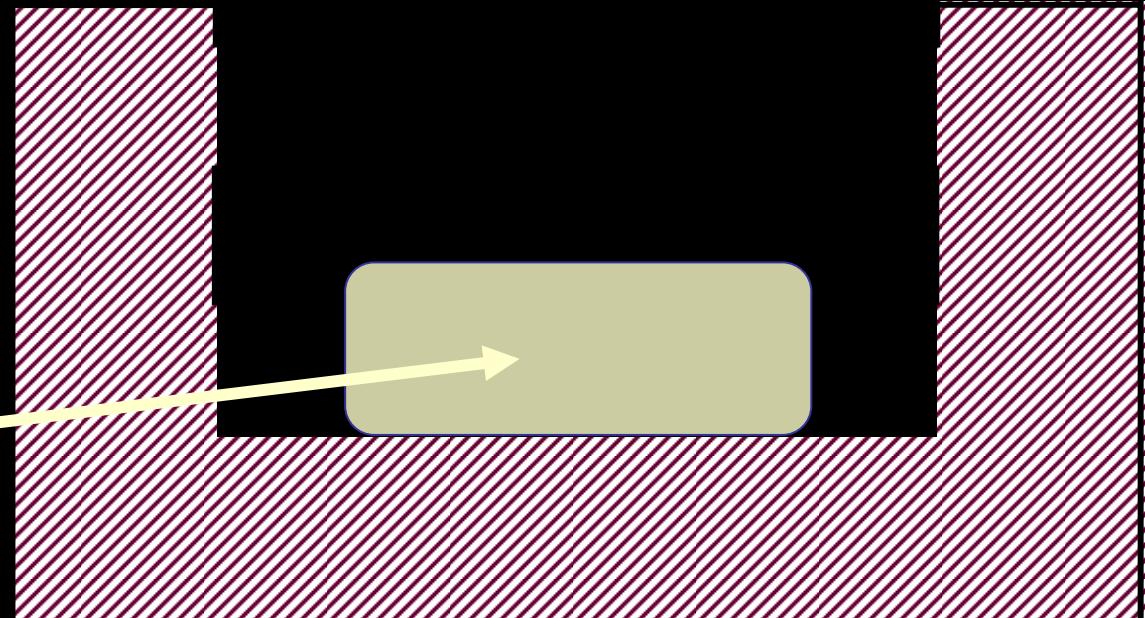
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Aurora

NO
TURN
ON
RED



SW
Tenth Ave

TOP

STOP

Portland



Winter Park, Fl



Boulder

Oxford, GB



1. Street Wall

2. Pedestrian Realm

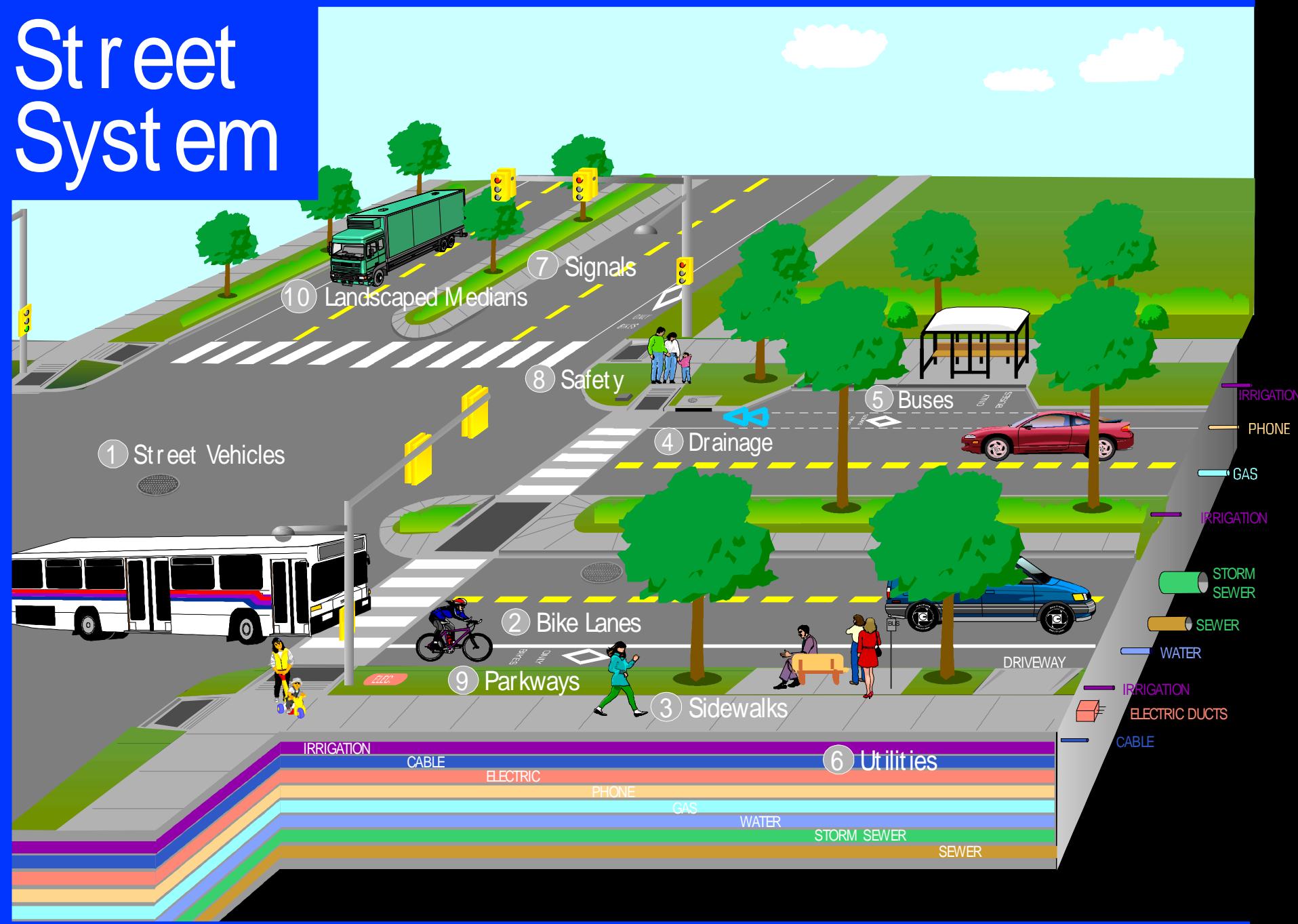
3. Overhead Area

4. Vehicle Realm

5. Subsurface Area



Street System





Pedestrians & Urban Form

- Networks & connectivity
- Elements in the pedestrian environment
- Climate
- Destinations & land use







Boulder



Copley Square, Boston



Eastern Parkway, NY

A photograph of a long, paved sidewalk in a park-like setting. The sidewalk is shaded by a row of tall, mature trees on the right side. On the left, there is a parking area with several cars parked along a cobblestone street. A black metal fence runs along the right edge of the sidewalk. In the distance, there are buildings and more trees. The overall atmosphere is peaceful and shaded.

Eastern Parkway, NY

The Ultimate Challenge



Downtown Phoenix

Strategic Building Massing & Orientation



Credit: ASU
and City of
Phoenix

Urban Streets As Linear Parks



Credit: ASU and City of Phoenix

Potential 10 – 15° Cooler Pedestrian Environment in Urban District



Credit: ASU and City of Phoenix



Pedestrians & Urban Form

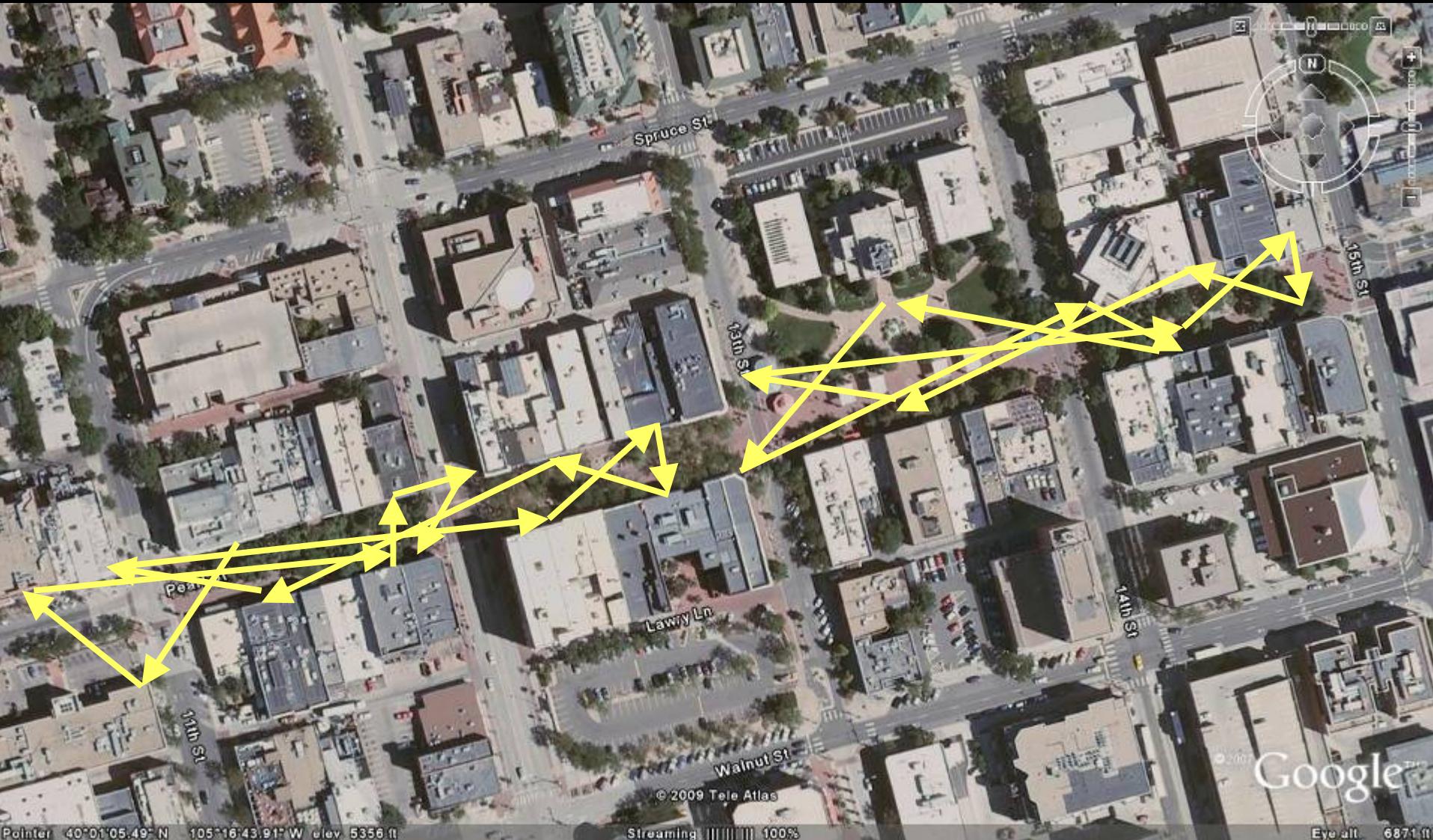
- Networks & connectivity
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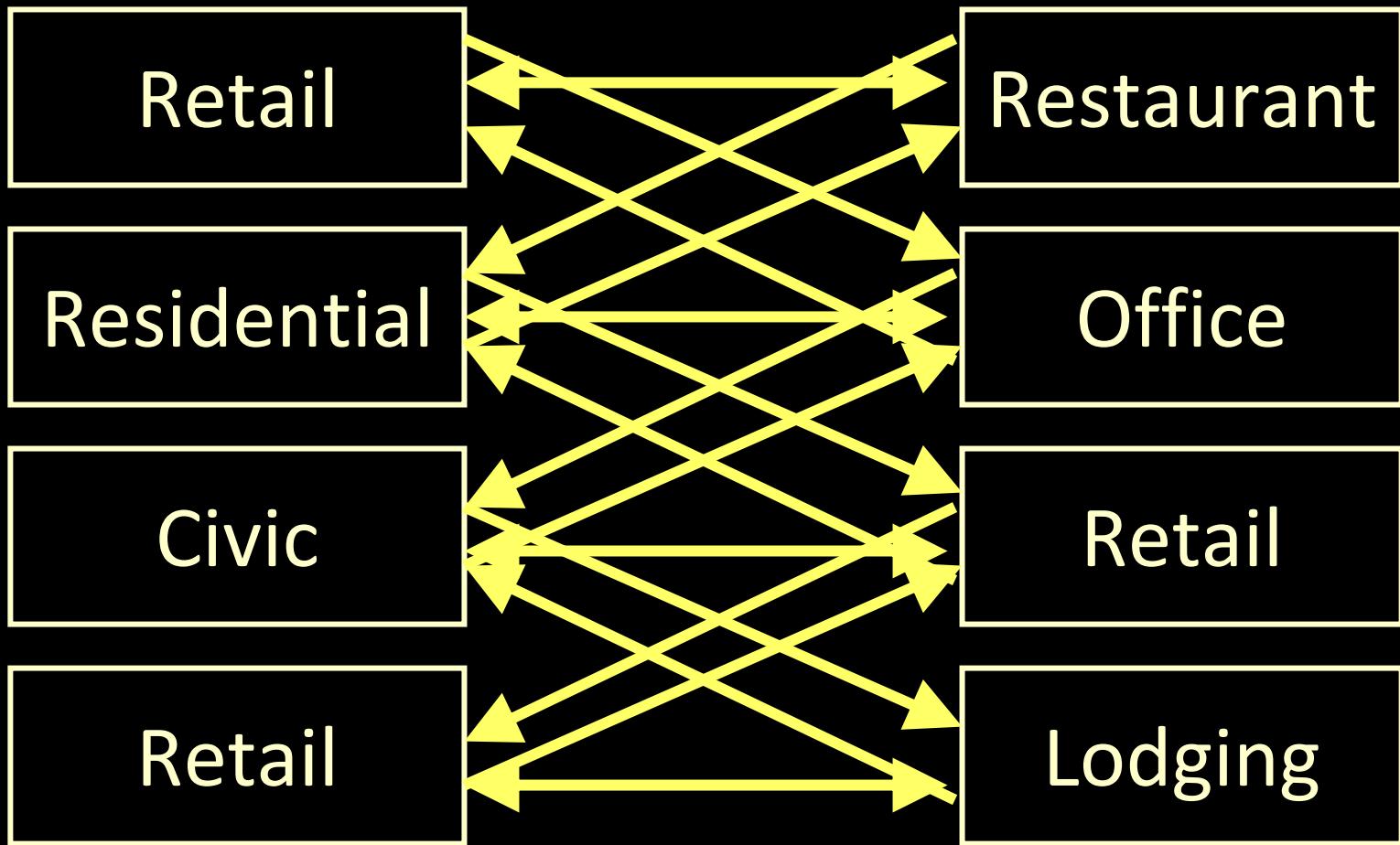


Pearl Mall, Boulder

Land uses:
government offices, private sector offices, retail, restaurant,
services, residential, hotel, children play areas, plazas & parks



“Triangulation”



Lots of people lead to...



...more people!

Tonight

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- Pedestrian Environments
- Pedestrian Policy

“Pedestrian-Friendly”



Pedestrian Environments

“Pedestrian Friendly”

Pedestrian Environment Continuum



Pedestrian Place/District

- Mixed use with retail
- Gathering place – identifiable as a PLACE
- Significant pedestrian presence
- Motor vehicles present, do not dominate
- Supportive transportation required
(parking, transit, bike)

Pedestrian Place



Boulder

Miami Beach, FL



Pedestrian Place

Pedestrian Supportive

- Mixed use including residential
- Should include embedded PLACES
- Pedestrians present at busy times
- Motor vehicles are present, but do not dominate

Redmond



Pedestrian Supportive

Mt. Vernon, IA

Pedestrian Supportive



Longmont



Pedestrian Supportive

Longmont - Prospect



Pedestrian Supportive

Pedestrian Tolerant

- All land uses except freeway & certain special uses (airport runway, garbage dump, etc.)
- Utilitarian walking & rambling only
- Motor vehicles present, may tend to dominate



Redmond

Pedestrian Tolerant

Longmont



Pedestrian Tolerant

Pedestrian Tolerant

Maui



Maui

Pedestrian Tolerant



Pedestrian Tolerant



Pedestrian Intolerant

- Any land use
- Little or no walking
- Motor vehicles dominate
- Unsafe, unpleasant

Longmont



Pedestrian Intolerant

Longmont

Pedestrian Intolerant

Maui



Pedestrian Intolerant

Somewhere



Pedestrian Intolerant

Maui



Pedestrian Intolerant

Pedestrian Tolerant



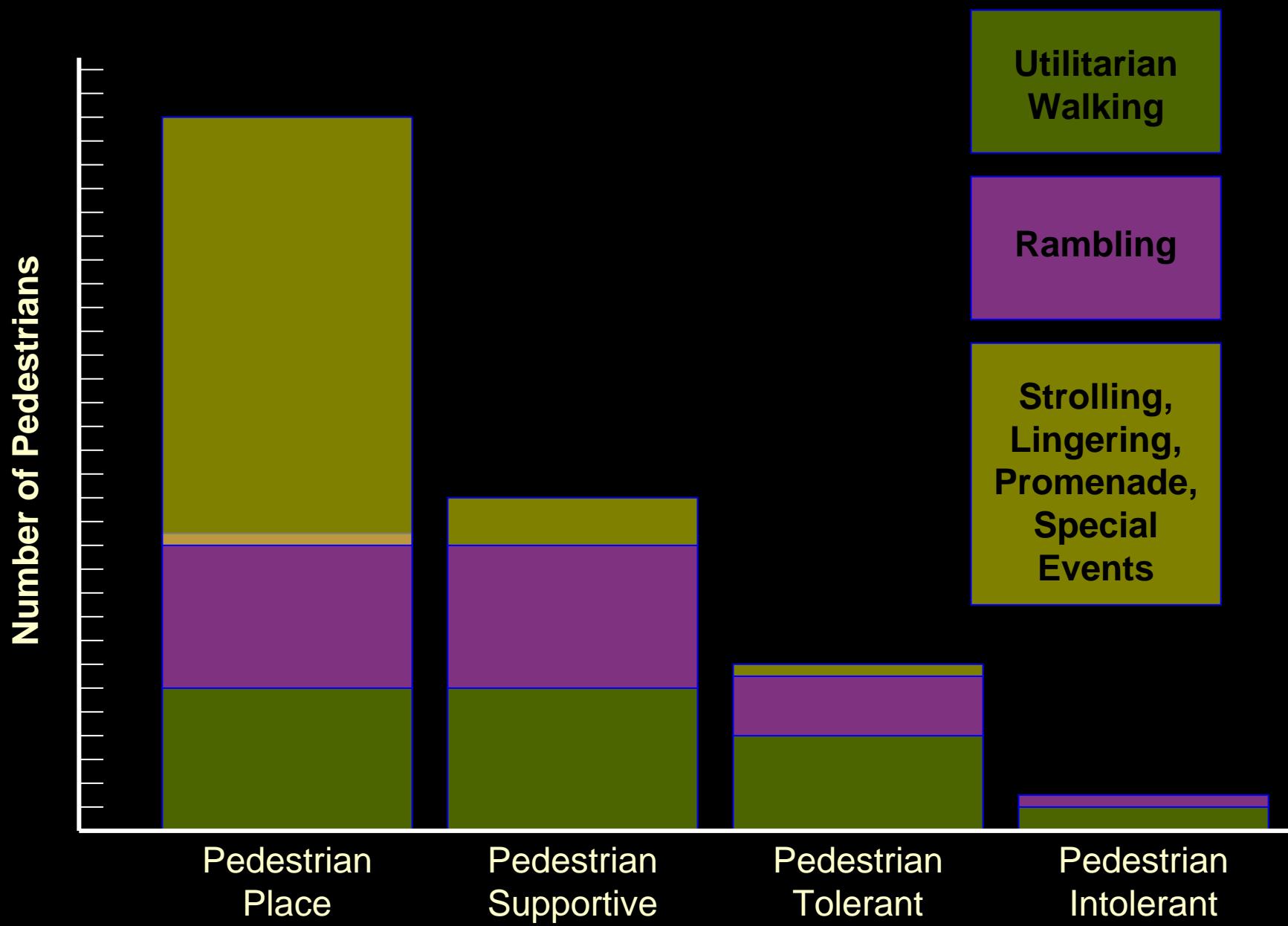
Phoenix

Pedestrian Intolerant



Phoenix

Walk Environments and Types of Walking



Tonight

- The Pedestrian Defined
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Pedestrian Policies

- Use “level of service” in planning
- Set design standards for the benefit of landowners and businesses
- Fund operations and maintenance
- Prioritize!!





A Final Example

Boulder – Pearl Mall





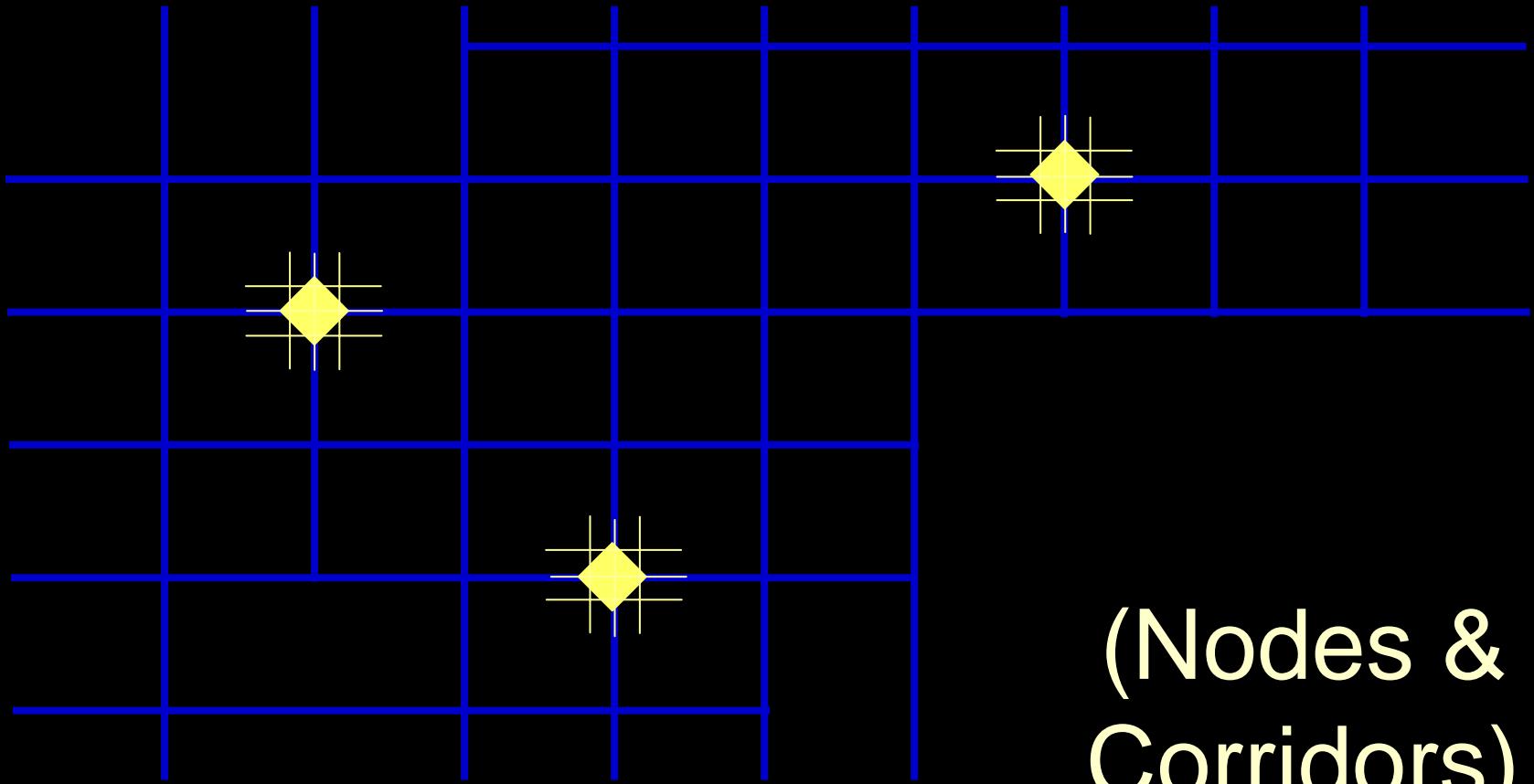
**SPEED
LIMIT
35**

Boulder



Boulder

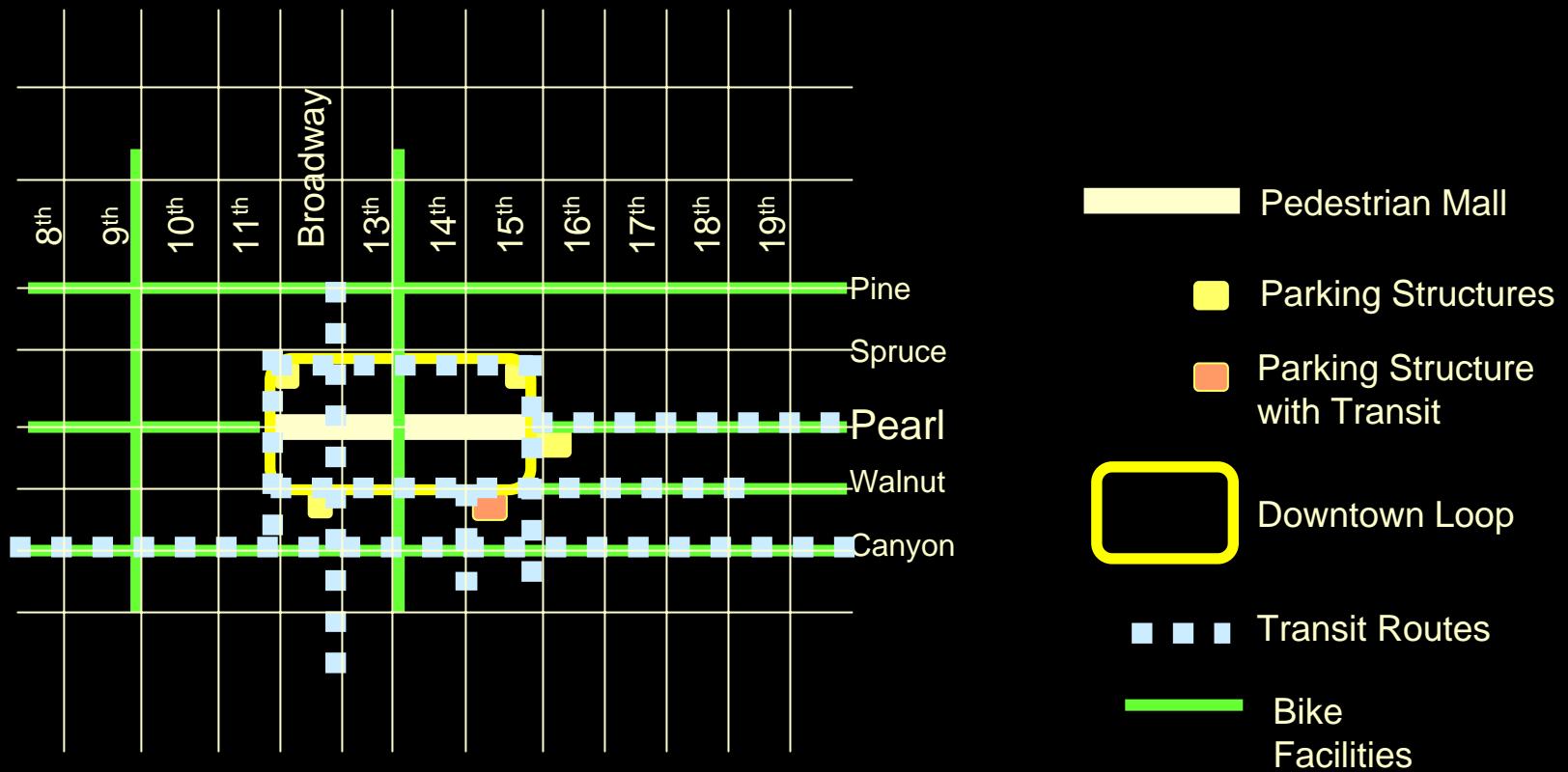
Strategic Approach to Pedestrian Environments





Boulder

Pearl Street “Pedestrian Mall”





Boulder

PUBLIC PARKING

FREE PARKING SAT. & SUN.



Boulder



Boulder



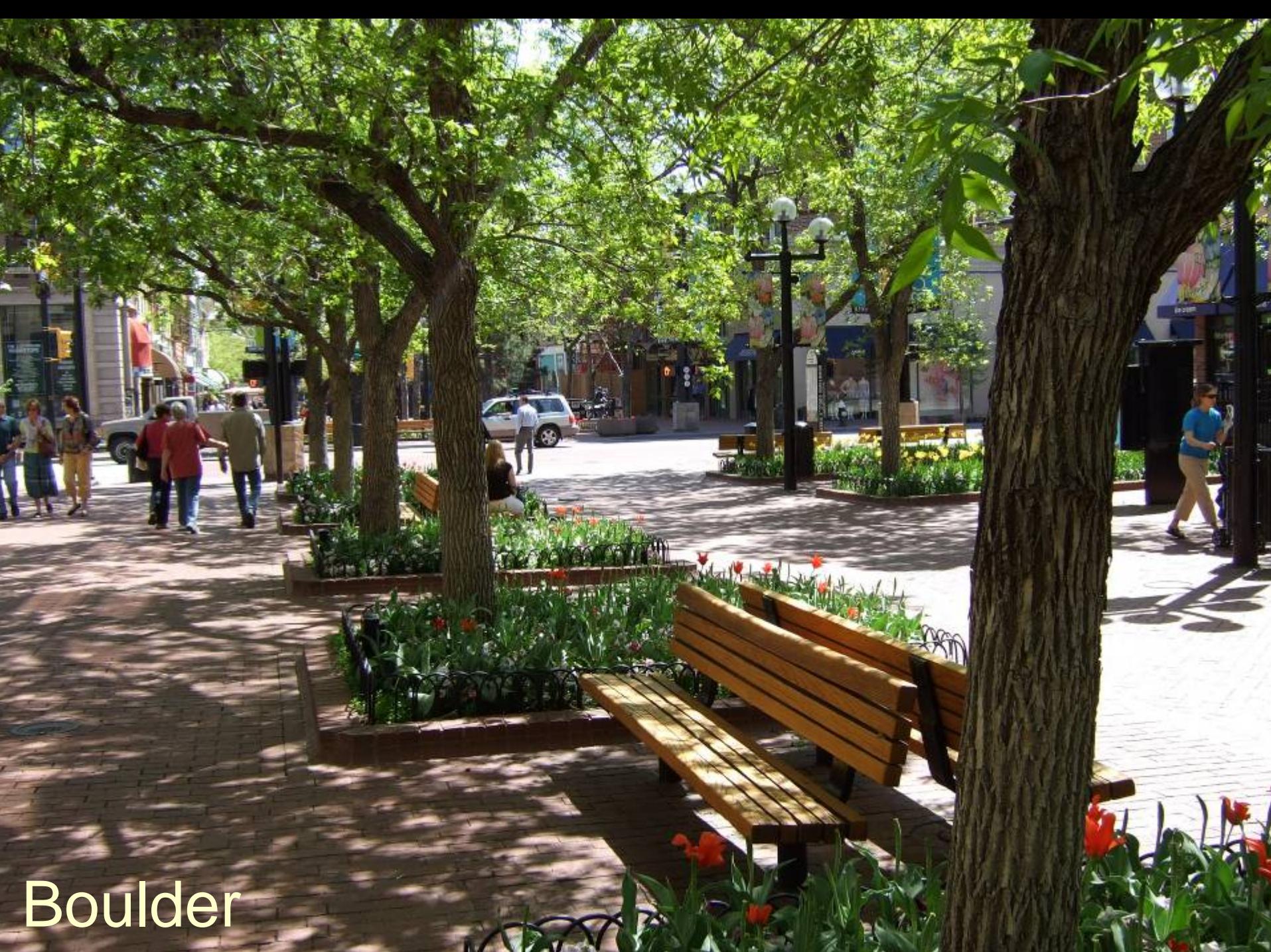
Boulder



Boulder



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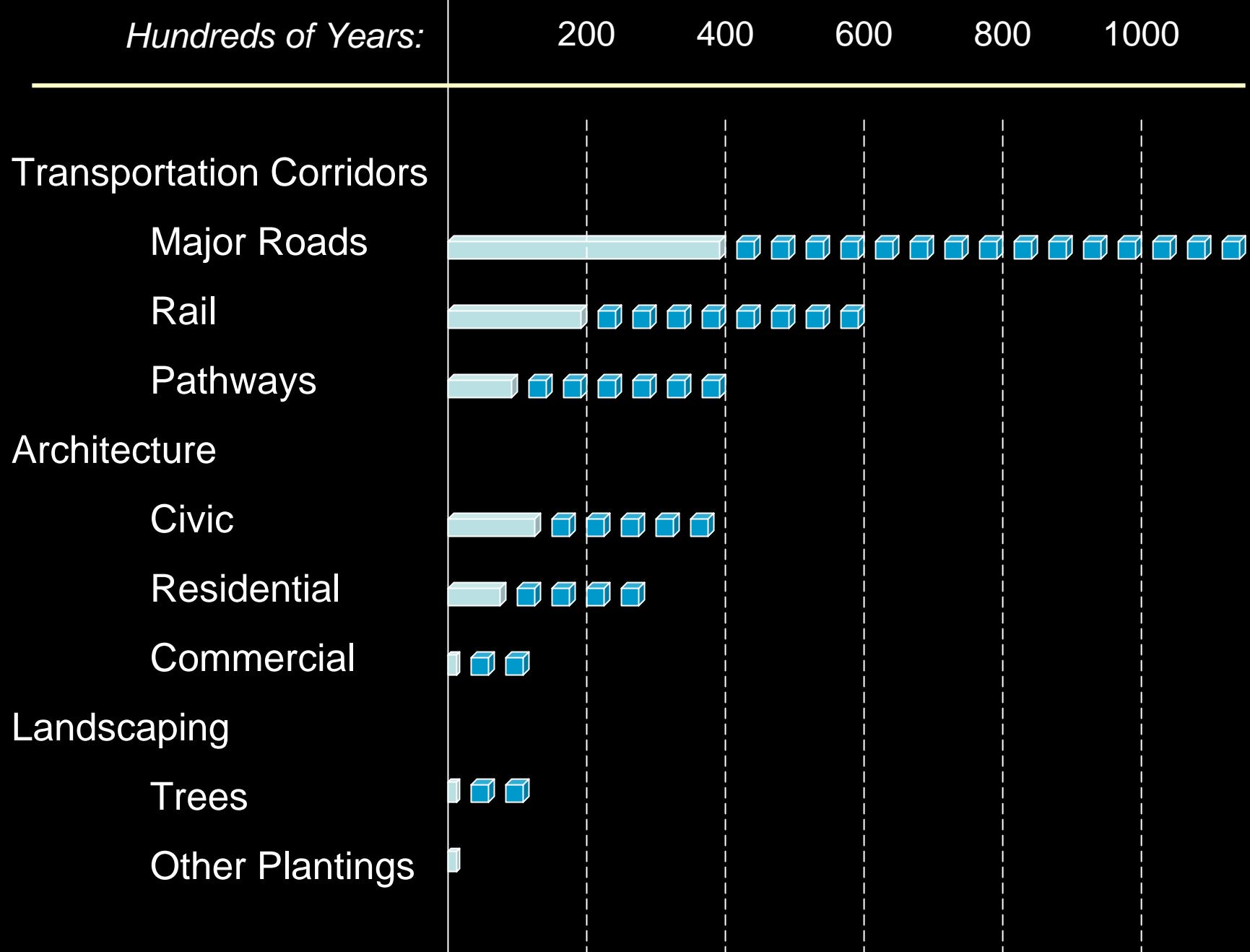
Boulder

Boulder's "pedestrian mall"
works because ...

... it is an integral part of an
intermodal system

Review: Tonight

- The Pedestrian Defined
- Pedestrians and Urban Form
- Pedestrian Environments
- Pedestrian Policy



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Thanking You

